

Sheng Sheng Man (声声慢)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Easy Intermediate

Choreographer: Adeline Cheng (MY) & Heru Tian (INA) - August 2026

Music: 声声慢 苏州弹评 吴亮莹老师原声 苏州话版 吴依软语的最美诠释 (创作MV)



****No Tag, 2 Restart**

******Restart happening on Wall 3 & 6 after 16C (Restart facing 12.00)**

Section 1: R Rock Fwd, R Back, L Hitch, L Behind, R Side, L Cross, R Sweep, R 1/4R Diamond

- 1&2 Rock RF Fwd (1), Recover on LF (&), Step RF Back, Hitch LF/ 4 Figure (2)
3&4 Cross LF behind RF (3), Step RF to R Side (&), Cross LF over RF, Sweep RF back to front (4)
5&6 Cross RF over LF (5), Step LF to L Side (&), 1/8R, Step RF Back (6) (1.30)
7&8 Step LF Back (7), 1/8R, Step RF to R Side (&), 1/8R, Step LF Fwd (8) (4.30)

Section 2: R Fwd Lock Step, L Chase 1/2R, R 1/8L Scissors, 3/4L Runs Around, R Sweep

- 1&2 Step RF Fwd (1), Lock LF behind RF (&), Step RF Fwd (2)
3&4 Step LF Fwd (3), Pivot 1/2R, Step RF in place (&), Step LF Fwd (4) (10.30)
5&6 1/8L, Step RF to R Side (5), Step LF beside RF (&), Cross RF over LF (6) (9.00)
7&8 1/4L, Run LF Fwd (7), 1/4L, Run RF Fwd (&), 1/4L, Run LF Fwd, Sweep RF back to front (8) (12.00)

Section 3: R Cross, L Back, R 1/4R Side, L Cross, R Back, L 1/4L Side, R Flick, R Pivot 1/2L, Full Turn L, R Fwd

- 1&2 Cross RF over LF (1), Step LF Back (&), 1/4R, Step RF to R Side (2) (1.30)
3&4 Cross LF over RF (3), Step RF Back (&), 1/4L, Step LF to L Side, Flick RF behind (4) (10.30)
5&6 Step RF Fwd (5), Pivot 1/2L, Step LF in place (6) (4.30)
7&8 1/2L, Step RF Back (7), 1/2L, Step LF Fwd (&), Step RF Fwd (8)

Section 4: L Side Point, L 1/8L Back, R Sweep, R Behind, L Side, R Cross, L 1/4L Fwd, R Pivot 1/2L, R Side, Sways RL

- 12 Point LF to L Side (1), 1/8L, Step LF Back, Sweep RF front to back (2) (3.00)
3&4 Cross RF behind LF (3), Step LF to L Side (&), Cross RF over LF (4)
5&6 1/4L, Step LF Fwd (5) (12.00), Step RF Fwd (6), Pivot 1/2L, Step LF in place (&) (6.00)
7&8 Step RF to R Side, Sway to Right (7), Recover on LF, Sway to Left (8)

Start again..

**Best regards,
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