

Kapal Anggang

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Anny AP (INA), Ria Lolong (INA) & Eric Rinaldi (INA) - September 2026

Music: Kapal Anggang - Lagu Ambon Lawas (Cover) Marvello



Intro Music: 32 Counts

NO TAGS 1 RESTART

Intro Dance: 32 Counts (FREE STYLE)

S1. WALK R-L, SIDE MAMBO R-L, FWD ROCK

- 1 – 2 Step RF fwd (1), Step LF fwd (2)
- 3&4 Rock RF to R side (3), Recover onto LF (&), Step RF fwd (4)
- 5&6 Rock LF to L side (5), Recover onto RF (&), Step LF fwd (6)
- 7 – 8 Rock RF fwd (7), Recover onto LF (8)

S2. BACK SHUFFLE, ¼ TURN L SHUFFLE, JAZZ BOX

- 1&2 Step RF back (1), Step LF next to RF (&), Step RF back (2)
- 3&4 ¼ Turn L stepping LF to L side (3), Step RF next to LF (&), Step LF to L side (4) [9:00]
- 5 – 6 Cross RF over LF (5), Step LF back (6)
- 7 – 8 Step RF to R side (7), Step LF fwd (8)

S3. SIDE-TOGETHER-IN PLACE R-L, FWD SHUFFLE, ½ TURN R BACK SHUFFLE

- 1&2 Step RF to R side (1), Step LF next to RF (&), Step RF in place (2)
- 3&4 Step LF to L side (3), Step RF next to LF (&), Step LF in place (4)
- 5&6 Step RF fwd (5), Step LF next to RF (&), Step RF fwd (6)
- 7&8 ½ Turn R stepping LF back (7), Step RF next to LF (&), Step LF back (8) [3:00]

S4. KICK BALL CHANGE 2X, OUT, OUT, KNEES-BEND & HIP DIP

- 1&2 Kick RF fwd (1), Step RF ball next to LF (&), Step LF slightly fwd (2)
- 3&4 Kick RF fwd (3), Step RF ball next to LF (&), Step LF slightly fwd (4)
- 5 – 6 Step RF diag fwd (5), Step LF diag fwd (6)
- 7 – 8 Bend knees and dip hips R (7), sway L and straighten up putting weight on LF (8)

RESTART:

Dance Wall 5 (starts at 12:00) through 16 counts (Section 2). Restart the dance facing 9:00

ENDING:

Wall 12 starts facing 3:00. Dance through Section 2 (ends facing 12:00). In Section 3, replace counts 7&8 (½ Turn R back shuffle) with a Left Forward Shuffle to remain facing 12:00 and pose.

ENJOY THE DANCE

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