

Sunshine Groove

Count: 32

Wall: 4

Level: Beginner

Choreographer: Malene Jakobsen (DK) - July 2026

Music: Happy Days - Daniel Rae Costello



Intro: 36 counts from the beginning, 22 sec. into track, dance begins with weight on L

[1-8] Side, together, shuffle fwd., fwd. rock, coaster step

- 1-2 (1) Step R to R, (2) step L next to R 12.00
- 3&4 (3) Step fwd. on R, (&) step L next to R, (4) step fwd. on R 12.00
- 5-6 (5) Rock fwd. on L, (6) recover onto R 12.00
- 7&8 (7) Step back on L, (&) step R next to L, (8) step fwd. on L

[9-16] Diagonally fwd. x 2, diagonally back x 2

- 1-2 (1) Step R diagonally R, (2) touch L next to R 12.00
- 3-4 (3) Step L diagonally, (4) touch R next to R 12.00
- 5-6 (5) Step diagonally back on R, (6) touch L next to R 12.00
- 7-8 (7) Step diagonally back on L, (8) touch R next to L 12.00

[17-24] Side, behind, chassé, cross rock, chassé

- 1-2 (1) Step R to R, (2) cross L behind R, 12.00
- 3&4 (3) Step R to R, (&) step L next to R, (4) step R to R 12.00
- 5-6 (5) Rock L across R, (6) recover onto R 12.00
- 7&8 (7) Step L to L, (&) step R next to L, (8) step L to L

[25-32] Cross rock, side, cross, Monterey 1/4

- 1-2 (1) Rock R across L (2) recover onto L 12.00
 - 3-4 (3) Step R to R, (4) cross L over R 12.00
 - 5-6 (5) Point R to R, (6) on ball of L turn 1/4 stepping R next to L 3.00
 - 7-8 (7) Point L to L, (8) step L next to R 3.00
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