

Rasputin Shuffle

Count: 32

Wall: 4

Level: Improver

Choreographer: Jan Woodward (UK) - August 2026

Music: Rasputin - Boney M.



Intro: 112 counts from the beginning (approx. 53 seconds), start dancing exactly on the main vocal lyrics ("There lived a certain man...").

SECTION 1: HEEL TAPS, TOE TAPS, HEEL & TOE SWITCHES

- 1 – 2 Tap Right heel forward, tap Right heel forward again
- 3 – 4 Tap Right toe back, tap Right toe back again
- 5 – 6 Tap Right heel forward, tap Right toe back
- 7 – 8 Tap Right heel forward, tap Right toe back

(Weight remains on the Left leg, Right foot is free)

SECTION 2: STEP-KICK SEQUENCES (REPEATED)

- 1 – 2 Step forward on Right foot, kick Left foot forward
- 3 – 4 Step back on Left foot, touch Right foot next to Left
- 5 – 6 Step forward on Right foot, kick Left foot forward
- 7 – 8 Step back on Left foot, touch Right foot next to Left (weight ends on Left)

SECTION 3: 1/4 TURN LEFT, RIGHT VINE WITH 1/2 TURN HITCH, LEFT VINE WITH TOUCH

- 1 Make a 1/4 turn left stepping Right foot out to the side (facing 9:00)
- 2 – 3 Cross Left behind Right, step Right foot to the side
- 4 Pivot a 1/2 turn right over right shoulder while hitching Left knee up (facing 3:00)
- 5 – 6 Step Left foot to side, cross Right foot behind Left
- 7 – 8 Step Left foot to side, touch Right foot next to Left

SECTION 4: VINE RIGHT WITH 1/2 TURN HITCH, VINE LEFT WITH STEP TOGETHER

- 1 – 2 Step Right foot to side, cross Left foot behind Right
- 3 – 4 Step Right foot to side making a 1/2 turn right over right shoulder, hitch Left knee up (facing 9:00)
- 5 – 6 Step Left foot to side, cross Right foot behind Left
- 7 – 8 Step Left foot to side, step Right foot next to Left (weight transfers to Left, freeing up Right)

START AGAIN AND HAVE FUN!