

La Bamba Boot Scoot

Count: 32

Wall: 4

Level: Improver

Choreographer: Lindsay Spence (SCO) - August 2026

Music: LA BAMBA BOOT SCOOT - Copper Rae



start on vocal no tags or restarts

section 1: R out,in, heel hook, R fwd shuffle, L out, in, heel hook, L fwd shuffle

1&2& right point to side, bring back right heel fwd, hook right up to left
3&4 right fwd, left fwd, right fwd
5&6 left point to side bring back in place, left heel fwd hook left up to left
7&8 left fwd, right fwd, left fwd

section 2: R fwd mambo, L back shuffle , R back shuffle, L coaster

1&2 right rock fwd recover
3&4 left back, right back, left back
5&6 right back, left back, right back
7&8 left back right back, left fwd

section 3: R pivot 1/2 turn, Run fwd L/R/L, R rock fwd recover, L rock fwd recover

1&2 right step fwd turn 1/2 right step fwd
3&4 run left right left
5&6 right rock fwd recover
7&8 left rock fwd recover

section 4: R side mambo, L side mambo, step R hitch L step L hitch R step R hitch L, step L touch right

1&2 right side rock recover
3&4 left side rock recover
5&6& right step hitch left macking 1/4 turn,
7&8 step right hitch left making 1/4 turn, step right hitch left making 1/4 turn step together