

IDEAR

Count: 32

Wall: 4

Level: Improver

Choreographer: Kristen Vane (CAN) - August 2026

Music: IDEAR - Cooper Alan



Intro: 32 Counts No Tags, No Restarts

[1-8] R Side Shuffle, L 2 Kicks, L Side Shuffle, R 2 Kicks

- 1&2 Step Right to right side (1), Step Left to Right (&), Step Right to right side (2)
- 3-4 Kick Left forward on left diagonal (3), Kick Left forward on left diagonal (4)
- 5&6 Step Left to Left side (5), Step Right to Left (&), Step Left to Left side (6)
- 7-8 Kick Right forward on right diagonal (7), Kick Right forward on right diagonal (8)

[9-16] R Fwd Shuffle, L Stomp Kick ¼ Turn L, L Fwd Shuffle, R Stomp Kick 1/2 Turn R *

- 1&2 Step Right forward (1), Step Left to Right (&), Step Right forward (2)
- 3-4 Stomp Left beside Right (3), Kick Left out with ¼ turn Left (4) (9:00)
- 5&6 Step Left forward (5), Step Right to Left (&), Step Left forward (6)
- 7-8 Stomp Right beside Left (7), Kick Right out with ½ turn Right (8) (3:00) *Option for 7-8 Touch right toe slightly back (7), pivot on ball of left foot 1/2 turn right keeping weight on left (8)

[17-24] R & L Kick Step Point , Heel & Heel & Touch & Touch

- 1&2 Kick Right forward (1), Step ball of Right beside Left(&), Point Left to left side(2) 3&4 Kick Left forward(3), Step ball of Left beside Right (&), Point Right to right side(4)
- 5& Touch Right heel forward(5), Step Right beside Left (&)
- 6& Touch Left heel forward(6), Step Left beside Right(&)
- 7& Touch Right beside Left while turning Right knee inward(7), Step Right beside Left(&)
- 8 Touch Left beside Right while turning Left knee inward (8)

[25-32] L Sailor, R Sailor, Stomp L X 4

- 1&2 Step Left behind Right (1), Step Right to Right side (&), Step Left forward (2)
- 3&4 Step Right behind Left (3), Step Left to Left side (&), Step Right forward (4)
- 5-8 Stomp Left ¼ turn right (5), Stomp Left ¼ turn right (6), Stomp Left ¼ turn right (7), Stomp Left ¼ turn right transferring weight to left foot (8)

End of Dance