

Mono

Count: 32

Wall: 4

Level: Beginner

Choreographer: Lee Hye Yeon (KOR) - August 2026

Music: Mono (feat. skaiwater) - i-dle



Intro: 20

No tag no restart

Sec 1 Together touch side step*2(R,L), L Hipbump*2, L back, R Together, L Fwd, R Together touch

1&2& RF Touch beside LF, LF Side step, LF Touch beside RF, RF Side step

3&4 Hipbump to the left, recover, Hipbump to the left

5~6 LF Back step, RF Step beside LF

7~8 LF Fwd step, RF Touch beside LF

Sec 2 R Side step, L Back rock recover, L Side step, R Back rock recover, R1/2 Walk around

1~2& RF Side step, LF Back rock, recover

3~4& LF Side step, RF Back rock, recover

5~6 1/4 turn right RF Fwd step, 1/8 turn right LF Fwd step

7~8 1/8 turn right RF Fwd step, LF Fwd step

Sec 3 R Fwd, R1/8 L Side touch, L Back step, L1/8 R together, Side switch, R Side touch, hitch, cross

1~2 RF Fwd step, 1/8 turn right LF Side touch

3~4 LF Back step, 1/8 turn left RF touch beside LF

5&6& RF Side touch, RF Step beside LF, LF Side touch, LF Step beside RF

7&8 LF Side touch, LF hitch, LF Cross step

Sec 4 Both heels bounce, L1/2 unwind turn, R Cross, L Scuff, L Cross, R Side, L1/4 Sailor turn

&1~2 Both heels up, Both heels down, Left1/2 unwind turn

3~4 RF Cross step, LF Scuff

5~6 LF Cross step, RF Side step

7&8 LF Behind cross step, RF Side step, 1/4 turn left LF Fwd step

Last Update: 27 Aug 2026