

Blow Kiss

Count: 48

Wall: 2

Level: Improver Phrased

Choreographer: Gina Fulford (USA) & Tommy G. Parker (USA) - August 2026

Music: Cupid's A Cowgirl - Alexandra Kay



NO RESTARTS

1 TAG (Repeats Twice)

INTRO [16 count] Dance begins on lyrics

A/B PHRASING SEQUENCE:

INTRO [16 count]

A [32]

B [16]

A [32]

TAG [16]

A [32]

B [16]

A [32]

TAG [16]

B [16]

B [16]

A [32]

A [32] END POSE (on final count)

PART A — 32 COUNT

A [1-8] (12:00) — SKATE-SKATE (RL), LOCK STEP (RLR), V-STEP — (12:00)

1, 2 RF Skate fwd [1], LF Skate fwd [2]

3 & 4 Lock Step (RLR) [3 & 4]

5, 6 LF V-Step out [5], RF V-Step out [6]

7, 8 LF V-Step in [7], RF V-Step in [8]

A [9-16] (12:00) — GRAPEVINE RIGHT into LOW ARABESQUE, TURNING GRAPEVINE LEFT into a CURTSY — (12:00)

1, 2, 3 Grapevine to the right, (RLR) [1, 2, 3]

4 LF Low Arabesque [4]

5, 6, 7 Full turning Grapevine to the left (LRL) [5, 6, 7]

8 Curtsy (RF behind LF) [8]

A [17-24] (12:00) — RIGHT HIP SWIVEL-ROLL (x2), ¼ TURN into WIZARD (RLF), WIZARD (LFL) — (3:00)

1, 2 R Hip Swivel-Roll [1, 2]

3, 4 R Hip Swivel-Roll [3, 4]

5 & 6 ¼ Turn (right/clockwise) into Wizard Step (RLR) [5 & 6]

7 & 8 Wizard Step (LRL) [7 & 8]

A [25-32] (3:00) — RF STEP-PIVOT (x2), TURNING KNEE POPS, HOLD — (12:00)

1, 2 RF Step [1] ½ Pivot (left/counterclockwise), LF Recover [2]

3, 4 RF Step [3] ½ Pivot (left/counterclockwise), LF Recover [4]

5, 6, 7 3 Knee Pops (RLR) turning ¼ (left/counterclockwise) [5, 6, 7]

8 Hold [8]

PART B — 16 COUNT

B [1-8] (12:00) — STEP BACK, PONY-BACK (x2), ROCK/RECOVER, HOP, STEP, PUNCH — (12:00)

1, 2 RF Step back [1], Hold [2]

3 & 4 Pony back (LRL) [3 & 4]

5, 6 RF Rock right [5], LF Recover [6]
& 7, 8 RF Hop right [&], LF step left [7], R fist punch down to left, bend R knee in [8]

B [9-16] (12:00) — STAND, HOLD, BLOW KISS. TURN, HOLD, SEXY STRUT — (12:00)

1, 2 Stand straight [1], Hold [2]
3, 4 Kiss hands [3], Blow Kiss behind over right shoulder [4]
5, 6 Face forward, hands on hips [5], Hold [6]
7, 8 Sexy Strut forward (RL) [7, 8]

TAG [16 COUNT]

1st Tag — 00:51-00:59 minutes into song (starts facing 12:00, ends on 6:00)

2nd Tag — 01:41-01:49 minutes into song (starts facing 6:00, end on 12:00)

***On instrumental after lyrics "Cupid's a Cowgirl."**

TAG [1-8] (12:00) — COASTER (RLR), LEFT HITCH, COASTER (LRL), RIGHT HITCH — (12:00)

1 & 2 Coaster Step (RLR) [1 & 2]
3 & 4 LF Hitch [3 & 4]
5 & 6 Coaster Step (LRL) [5 & 6]
7 & 8 RF Hitch [7 & 8]

TAG [9-16] (12:00) — STEP-PIVOT, SIDE ROCK AND CROSS (x2), SWAY-SWAY — (6:00)

1, 2 RF Step [1] ½ Pivot (left/counterclockwise), LF Recover [2]
3 & 4 Rock-and-Cross (R over L) [3 & 4]
5 & 6 Rock-and-Cross (L over R) [5 & 6]
7, 8 RF Step right, Sway hips side-to-side (RL) [7, 8]

END POSE (Final Count of Part A)

Replace HOLD (on count 32), with a SEXY POSE
