

Beautiful Sunday Afro House

Count: 32

Wall: 4

Level: Beginner

Choreographer: Hendri Supriyati (INA) - 26 August 2026

Music: Beautiful Sunday (Afro House) - ZANU



Restart : On Wall 3 after 32C

Intro 50 C, Start On Vocal

I. SIDE TOUCH (R & L), STEP FORWARD, RECOVER, STEP BACK, TOUCH

- 1 – 2 Step Rf to R, touch Lf beside Rf
- 3 – 4 Step Lf to L, touch Rf beside Lf
- 5 – 6 Step Rf forward, recover on Lf
- 7 – 8 Step Rf back, touch Lf beside Rf

II. CROSS, SIDE, CROSS, SIDE, ROCKING CHAIR

- 1 – 2 Cross Lf over Rf, step Rf to R
- 3 – 4 Cross Lf over Rf, step Rf to R
- 5 – 6 Rock Lf forward, recover on RF
- 7 – 8 Rock Lf back, recover on RF

III. WALK FORWARD (L-R-L), TOUCH, WALK BACKWARD (R-L-R), TOUCH

- 1 – 2 Step Lf forward, step Rf forward
- 3 – 4 Step Lf forward, touch Rf beside Lf
- 5 – 6 Step Rf back, step Lf back
- 7 – 8 Step Rf back, touch Lf beside Rf

IV. HEEL SWITCHES (L-R-L-R), BALL (&), CROSS Lf OVER Rt ¼ OVER Lf, SIDE, CROSS CLOSE

- 1&2& Lf Heel Fwd, switch weight on Lf (&), Rf Heel Fwd, switch weight on Rf (&)
- 3&4& Lf Heel Fwd, switch weight on Lf (&), Rf Heel Fwd, switch weight on Rf (&)
- 5 – 6 Turn ¼ over L crossing Lf over Rf, step Rf to side,
- 7 – 8 Cross Lf over Rf, close Rf beside Lf

V. GRAPEVINE (R), GRAPEVINE (L)

- 1 – 2 Step Rf to R, cross Lf behind Rf
- 3 – 4 Step Rf to R, touch L toe beside Rf
- 5 – 6 Step Lf to L, cross Rf behind Lf
- 7 – 8 Step Lf to L, touch R toe beside Lf

VI. STEP FORWARD, ½ TURN RIGHT, FORWARD SUFFLE, FULL TURN

- 1 – 2 Step Rf forward, ½ turn R Lf back
- 3 – 4& Step Rf forward, step Lf forward, step Rf beside Lf, step Lf forward
- 5 – 6 Step Rf ¼ L, step Lf ½ L,
- 7 – 8 Step Rf ¼ L, close Rf beside Lf

VII. STEP SIDE, HOLD, BALL (&), SIDE, TOUCH (R,L) (WITH CLAP)

- 1 – 2 & Step Rf side, Hold, Ball step Lf into R (&),
- 3 – 4 Step Rf side, Touch Lf into R
- 5 – 6 & Step Lf side, Hold, Ball step Rf into L (&),
- 7 – 8 Step Lf side, Touch Rf into L

VIII. ROLLING RIGHT VINE AND TOUCH, ROLLING LEFT VINE AND CLOSE

- 1 – 2 Step Rf ¼ R, step Lf ½ R,

3 – 4 Step Rf $\frac{1}{4}$ R, touch Lf out to side
5 – 6 Step Lf $\frac{1}{4}$ L, step Rf $\frac{1}{2}$ L,
7 – 8 Step Lf $\frac{1}{4}$ L, close Rf beside Lf

Thank you

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