

Powerful Women

Count: 32

Wall: 4

Level: Beginner

Choreographer: Shanthie De Mel (AUS) - 25 August 2026

Music: Powerful Women - Pitbull & Dolly Parton : (Amazon)



Intro: 32 count on the words "You can dance".

Begin on words with the beat – "Oh I know"

Wall rotation left. No Tags. No Restarts. No AI. 100% human!

NOTE. The phrasing does not always fit. **Keep dancing to the distinct beat.**

Dance right to the end of the song till it gets softer & stops.

RIP Dolly Parton. Thank you for the music!

(1-8) WEAVE RIGHT. SCUFF.

- 1. 2 Step R to right side. Cross L behind R.
- 3. 4 Step R to right side. Cross L over R.
- 5. 6 Step R to right side. Cross L behind R.
- 7. 8 Step R to right side. Scuff L. (12:00)

(9-16) STOMP. CLAP. STOMP. CLAP. STOMP. CLAP. POINT. HOLD.

- 1. 2 Stomp L forward. Clap.
- 3. 4 Stomp R forward. Clap.
- 5. 6 Stomp L forward. Clap.
- 7. 8 Point R to right side. Hold. (12:00)

Styling - Shimmy shoulders at forward step.

(17-24) CHARLESTON x2.

- 1. 2 Sweep R & touch toe forward. Hold.
- 3. 4 Sweep R back & step behind L. Hold.
- 5. 6 Sweep L back & touch toe behind R. Hold.
- 7. 8 Sweep L forward & step together. Hold. (12:00)

(25-32) ROCKING CHAIR. FORWARD. HOLD. TURN ¼ LEFT. HOLD.

- 1. 2 Rock R forward. Recover L in place.
- 3. 4 Rock R back. Recover L in place.
- 5. 6 Step R forward. Hold.
- 7. 8 Turn ¼ left on L. Hold. (9:00)

Dance 4 Dolly to stay healthy & happy
