

On the Loose

Count: 32

Wall: 4

Level: Beginner

Choreographer: Kartika Dewiana (INA) - August 2026

Music: On the Loose - Niall Horan



SECTION 1 RUMBA BOX - CLOSE TOUCH

- 1 - 2 Step R to side - Close L together
- 3 - 4 ; Step R forward - Hold
- 5 - 6 Step L to side - Close R together
- 7 - 8 Step L back - Touch R together (12:00)

SECTION 2 ROCK FW - RECOVER - TURN 1/2 CHASSE - TURN 1/2 CHASSE-ROCK BACK - RECOVER

- 1 - 2 Rock R forward - Recover on L
- 3 & 4 Turn 1/2 to right Step R forward - Close L together - Step R forward (6:00)
- 5 & 6 Turn 1/2 to right Step L back - Close R together - Step L back (12:00)
- 7 - 8 Rock R back - Recover on L (12:00)

SECTION 3 SIDE ROCK - RECOVER - CROSS SHUFFLE R/L

- 1 - 2 ; Rock R to side - Recover on L
- 3 & 4 Cross R over L - Step L to side - Cross R over L
- 5 - 6 Rock L to side - Recover on R
- 7 & 8 Cross L over R - Step R to side - Cross L over R (12:00)

SECTION 4 KICK BALL CHANGE 2X - JAZZ BOX TURN 1/4

- 1 & 2 Kick R forward - Step R together - Step L in place
- 3 & 4 Kick R forward - Step R together - Step L in place
- 5 - 6 Cross R over L - Step L back
- 7 - 8 Turn 1/4 to right Step R to side - Cross L over R (3:00)

Thankyou & Happy Dancing !
