

Riding on the Wind

Count: 84

Wall: 4

Level: Intermediate Phrased

Choreographer: Rohan Viswanathan (USA) - August 2026

Music: Loving Life Again - Ella Langley



1 restart, 1 tag

Sequence: A24 (restart), A, B, C, B, Tag, A, B, C, B, A, B, C, B, B

Intro: 16 counts of music (start around 0:17)

Outro: 16 counts of music

A section - 36 Counts

[1-8] Press, Flick, Rock Recover, Side Shuffle, 1/2 Turn Sweeping Coaster

- 1,2 Step RF out to R, Flick RF up and turn 1/4 to L
- 3,4 Rock RF forward, Recover onto LF
- 5&6 Turn 1/4 to R and step RF out to R, Step LF next to RF, Step RF to R with a 1/2 turn sweeping LF behind to the L
- 7&8 Step LF behind, Step RF next to LF, Step LF forward

[9-16] Wizard Step x2, Step Hitch Front and Flick Back

- 1,2& Step RF to R diagonal, Lock LF behind RF, Step RF to R diagonal
- 3,4& Step LF to L diagonal, Lock RF behind LF, Step LF to L diagonal
- 5,6,7,8 Step RF forward, Hitch LF, Step LF behind, Flick RF heel up behind

[17-24] Step 1/2 Pivot, 1/4 Turning Shuffle Step, Rock Recover, Coaster Step

- 1,2 Step RF forward, 1/2 turn L with weight shift on LF
- 3&4 Step RF to R diagonal, Step LF next to RF and turn 1/4 L, Step RF forward
- 5,6,7&8 Rock LF forward, Recover on RF, Step LF back, Step RF next to LF, Step LF forward

Restart happens here on the first wall

[25-32] Sailor Step x2, Back Sweep x2, Step, Hook

- 1&2 Cross step RF behind LF, Step LF out, Step RF out
- 3&4 Cross step LF behind RF, Step RF out, Step LF out
- 5,6 Step RF back and sweep LF front to back, Step LF back and sweep RF front to back
- 7,8 Step RF back, Hook LF around RF

[33-36] 1/2 Turn Step Sweep

- 1-2 Step LF forward and sweep RF around L 1/2 turn
- 3,4 Step RF next to LF, Shift weight to LF

B section - 8 Counts

[1-8] Rocking Chair, Step 1/2 Pivot, Full Turn

- 1,2,3,4 Press RF forward, Recover LF, Rock RF back, Recover on LF
- 5,6 Step RF forward, 1/2 turn L with weight shift on LF
- 7,8 1/2 turn over L stepping RF back, 1/2 turn over L stepping LF forward

C section - 40 Counts

[1-8] Slide and Drag, 1/4 Coaster Step, Step, Lock, Shuffle Step

- 1-2 Big step RF out while dragging LF to close
- 3&4 1/4 turn to L and step LF back, Step RF next to LF, Step LF forward
- 5,6 Step RF forward, Lock LF behind RF
- 7&8 Step RF forward, Step LF next to RF, Step RF forward

[9-16] 1/4 Jazz Box, Step with Pirouette, Drag Step

- 1,2,3,4 Cross LF over RF, Turn 1/4 L and step RF back, Step LF to L, Step RF forward
5,6, 7-8 Step LF forward, Full spin on LF over R shoulder, Step RF forward and drag LF to RF,
transfer weight to LF

**Styling option for "Riding on the Wind" lyrics: Open arms out on LF forward and bring them in on the spin,
Have RF on left thigh while doing the spin**

[17-24] Monterey Turn, Point, Behind-Side-Cross, 1/4 Step Pivot

- 1,&3&4 Point RF out to R, Bring RF next to LF, Turn 1/4 to R and point LF out to L, Bring LF in, Point
RF out to R
5&6 Cross RF behind LF, Step LF out to L, Cross RF in front of LF
7,8 Step LF out to L, Pivot 1/4 L on LF and shift weight to RF

[25-32] Back Lock, 3/4 Turn, Behind Cross Rock, 1/2 Turn Sweep, Behind Rock

- 1&2 Step LF back, Lock RF over LF, Step LF back
3,4 Turn 1/4 R stepping RF to R, Turn 1/2 R stepping LF to L
5,6 Cross rock RF behind LF, Recover on LF
7,&8 Step RF out to R, Turn 1/2 L sweeping LF front to back, Rock LF behind RF, Recover on RF

[33-40] 1/2 Samba Weave, Step Point, Full Spin

- 1&2 Cross LF over RF, turn 1/4 L and step RF back, Step LF back
3&4 Cross RF behind LF, turn 1/4 L and step LF forward, Step RF forward
5,6 Step LF forward, Point RF out to R
7-8 Bring RF next to LF while doing a full spin on LF over R shoulder

Tag - 8 Counts

[1-8] Step, Flick, Shuffle Step, Step, Flick, Shuffle Step

- 1,2 Step RF out to R, Turn 1/4 L and flick LF back
3&4 Turn 1/4 L and step LF forward, Step RF next to LF, Step LF forward
5,6 Step RF out to R, Turn 1/4 L and flick LF back
7&8 Turn 1/4 L and step LF forward, Step RF next to LF, Step LF forward
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