

Lost in France

Count: 116

Wall: 2

Level: Intermediate Phrased

Choreographer: Judi Sunich (NZ) - February 2026

Music: Lost in France - Bonnie Tyler



Sequence: A, Tag, A, B, A, B, A, B-

Start the dance after 8 seconds, 16 counts

Part A – 60 counts (Always starting with unwind from 6:00 to 12:00)

[1-8] Unwind R ½ turn to 12:00, side rock recover, cross shuffle, side rock recover cross

& 1-2 Start facing 6:00 L over R weight on L, L ½ swivel turn to R, Step R to R, recover L

3-4 Step R across L, recover L behind R

5-8 Step R across L, rock L to L recover R, step L across R

[9-16] Step side behind, side in front, side, rock, recover, cross, side

& 1-2 Step R to R, step L behind R hold

& 3-4 Step R to R, cross L in front of R, rock R to R

5-8 & Recover L, cross R over L, step L beside R, step R behind L

[17-24] Step L to 10:30, R lock step to 10:30, tap L, L lock step back, sweep hold

1-4 Step fwd L to 10:30, step R across L, lock L behind R, step R fwd, tap L behind R

5-8 Step back L, lock R in front of L, step back L, sweep R half turn to 4:30

[25-32] Step R to 4:30, back half turn R, half turn R, sweep L to jazz box fwd R to 4:30

1-4 Step on R to 4:30, half turn R back on L, half turn R fwd on R, sweep L across R

5-8 Step on L across R, step back on R, step L beside R, step fwd on R to 4:30

[33-40] Step out, out to 4:30 L, R, hold 2, R lock step back, sweep

1-4 Facing 4:30 step out fwd on L, step R out beside L, hold 2 counts

5-8 Step back R behind L lock L in front of R, step back R, sweep L to L

[41-48] Triple turn L to 10:30, sweep jazz box cross straighten to 12:00

1-4 Half turn step L to 10:30, half turn L step back on R, half turn L step on L, sweep R across L

5-8 Step on R, step back on L, straighten to 12:00 stepping R to R, step L across R

[49-56] Side toe strut, rock back recover x2, R then L

1-4 Touch R toe to R, drop heel down, rock back on L behind R, recover on R

5-8 Touch L toe to L, drop heel down, rock back R behind L, recover L

[57-60] Quarter paddle turn to L x 2

1-4 Step fwd on R, quarter swivel turn to L, weight on L, step fwd on R, quarter swivel turn to L, weight on L.

There is only one 4 count tag which is at the end of first wall, A

Part B – 56 Counts (Always starting at 6:00)

[1-8] Kick R fwd x 2, out, out to sides R then L, R sailor, L sailor ¼ turn to 3:00, flick R behind

1-2&3 Weight on L kick R fwd twice, recover stepping R out to side then step L out to L

4&5 Swing R behind L, step L to L recover R

6&7-8 Swing L behind R, step R to R, recover L 1/4 turn to 3:00, flick R foot up behind

[9-16] Cross back R over L, ball cross L over R, step back R, Step L, touch, step R touch, 1/4 step L to 12:00, tap R

1-2 Step R across in front of L, step back on L

&3-4 Hop onto R, Step L over R, step back on R
&5&6 Hop onto L, tap R, hop onto R to R, tap L
7-8 Step L 1/4 Turn to 12:00, tap R next to L

[17-24] Kick R fwd x 2, out, out to sides R then L, R sailor, L sailor ¼ turn to 9:00, flick R behind

1-2&3 Weight on L kick R fwd twice, recover stepping R out to side then step L out to L
4&5 Swing R behind L, step L to L recover R
6&7-8 Swing L behind R, step R to R, recover L 1/4 turn to 9:00, flick R foot up behind

[25-32] Cross back R over L, ball cross L over R, step back R, Step L, touch, step R touch, 1/4 step L to 6:00, tap R

1-2 Step R across in front of L, step back on L
&3-4 Hop onto R, Step L over R, step back on R
&5&6 Hop onto L, tap R, hop onto R to R, tap L
7-8 Step L 1/4 Turn to 6:00, tap R next to L

[33-40] Shuffle R, 1/4 turn to 9:00 shuffle L, 1/4 turn to 12:00 shuffle R, hop step and tap L then R

1&2 Step R to R, step L beside R, step R to R
3&4 Step on L 1/4 turn R to 9:00, step R beside L, step L to L
5&6 Step on R 1/4 turn R to 12:00, step L beside R, step R to R
&7&8 Hop fwd on L, tap R beside L, hop fwd on R tap L beside R

[41-48] Shuffle L, 1/4 turn R to 3:00, shuffle R, 1/4 turn to 6:00 hop step and tap L then R, shuffle L

1&2 Step L to L, step R beside L, step L
3&4 Step on R 1/4 turn to R to 3:00, step L beside R, step R
&5&6 1/4 turn hop step L to L, tap R beside L, hop step R to R, tap L beside R
7&8 Step L to L, step R beside L, step L to L

[49-56] Slow R rock back to 7:30, 2 counts, recover L, step R to side to 6:00, rock R fwd, 2 counts, recover L, step R back across L into Part A Start Position.

1-4 Slow rock back R behind L facing 7:30, hold, recover L, Step R to side facing 6:00
5-8 Slow rock R fwd, hold, recover on to L, step back on R, step L over R with weight on L (Part A start position).

Tag 4 counts Rocking chair cross

1-4 Step fwd R, recover L, Rock back R, step L over R with weight on L (Part A start position).

Ending: (For B-) Finish your last B after 48 counts, then skip away as you wish!

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