

Cowgirl Shuffle (P)

Count: 40

Wall: 0

Level: Partner Circle NC2S

Choreographer: Jim Ray (USA) & Debbie Day (USA) - August 2026

Music: Phone, Keys, Wallet - Lainey Wilson & John Mayer



DANCE STARTS IN A CIRCLE, MAN WITH HIS BACK TO CENTER, WOMAN BACK IS OUT IN CLOSED POSITION, BOTH ROCK BACK, MAN LEFT, WOMAN RIGHT, MAN ROCKS BACK LEFT, FORWARD RIGHT, LEFT TOGETHER, ROCKS BACK RIGHT, FORWARD LEFT, RIGHT TOGETHER, BACK LEFT, FORWARD RIGHT, LEFT TOGETHER, TURNS THE WOMAN A FULL TURN RIGHT, STEPPING LEFT, RIGHT WOMAN ROCKS RIGHT BACK, FORWARD LEFT, FORWARD RIGHT, BACK LEFT, FORWARD RIGHT, LEFT TOGETHER, BACK RIGHT, FORWARD LEFT, RIGHT FORWARD, MAN TURNS WOMAN A FULL TURN AS SHE STEPS LEFT, RIGHT, LEFT, BACK TO CLOSED POSITION

- 1&2 Man: Rocks Back Left, Forward Right, Forward Left Together
 Woman: Rocks Back With Right, Step Left Forward, Forward Right Together
- 3&4 Man: Rocks Right Back, Left Forward, Right Forward Together
 Woman: Rocks Left Back, Steps Right Forward, Steps Left Together
- 5&6 Man: Rocks Left Back, Steps Right Forward, Steps Left Forward Together
 Woman: Rock Right Back, Steps Left Forward, Steps Right Forward Together
- 7&8 Man: Rocks Right Back, Steps Left Forward, Steps Right Forward, As He Turns Woman Right A Full Turn
 Woman: Man Turns Woman Right She Steps Left, Right, Left For a Full Turn

BOTH ROCK BACK MAN LEFT, WOMAN RIGHT, MAN SHIFTS WT FORWARD TO RIGHT, WOMAN SHIFTS WT. FORWARD TO LEFT, MAN STEPS A 1/4 LEFT WITH LEFT FOOT, WOMAN STEPS A 1/4 RIGHT WITH RIGHT FOOT, MAN DROPS WOMANS RIGHT HAND, LEADS HER INTO A 3/4 TURN MAN TURNS LEFT, WOMAN TURNS RIGHT, WITH HIS RIGHT HAND, BACK IN CLOSED FINISH THE PATTERN

- 1&2 Man: Man Rocks Left Back, Shift Wt. Forward To Right, Steps Left A 1/4 To The Left
 Woman: Woman Rocks Back Right, Shifts Wt Forward To Left Steps A 1/4 To The Right
- 3&4 MAN: Man Drops Womans Right Hand, Turns 3/4 Left Stepping Right, Left, Right
 WOMAN: Woman Turn 3/4 Right, Man Leads With Right Stepping Left, Right, Left
- 5&6 Man: Back In Closed Position Steps Left Back, Forward Right, Steps Left Forward Together
 Woman: Closed Position She Steps Back Right, Steps Left Forward, Steps Right Forward Together
- 7&8 Man: Steps Back Right, Left Forward, Right Forward Together
 Woman: Steps Left Back, Steps Right Forward, Steps Left Forward Together

IN CLOSED POSITION,

- 1&2 Man: Man Rocks Back On Left, Steps Right Forward, Steps Left Forward And Together, Turning Girl Right
 Woman: Woman Turns Right A Full Turn Stepping Right, Left Right, Man Turns her Right Lets Her Go
- 3&4 Man: Man Rocks Back Right, Left Forward, Right Forward Together, Picks Next Woman Up
 Woman: Moves To Other Man On Her Right
- 5&6 Man: Man Rocks Back Turning New Girl Right, Stepping Back Left, Forward Right, Forward Right Together
 Woman: Woman Turns Right A Full Turn Stepping Right, Left, Right
- 7&8 Man: Catches New Woman Stepping Right, Left Forward, Right Forward Together
 Woman: Woman Moves To Next Man Stepping Stepping Left Back, Right Forward, Left Forward Together

CLOSED POSITION AGAIN

- 1&2 Man: Man Takes Her Right Hand In His Right Hand Waist High, Moves Across In Front Of Her, Back Left, Forward Right, Forward Left Together
Woman: Moves Across Behind Man And Slowly Face Him Stepping Right, Left, Right
- 3&4 Man: Moves Across Woman Taking Her Right Hand In His Left, Stepping Right, Left, Right
Woman: Keeps Moving With Man, Stepping Left, Right, Left
- 5&6 Man: Man Turns Woman A 1/2 Turn Her Back To Line Of Dance, Stepping Left, Right Left
Woman: Man Turns You A 1/2 Turn Right, Back To Closed, Stepping Right, Left, Right
- 7&8 Man: Finish Turning Girl Facing Line Of Dance Now In Closed, Stepping Right, Left, Right
Woman: Finish Turn In Closed Position Her Back To Line Of Dance Stepping Left, Right, Left

FACING LINE OF DANCE MOVING FORWARD, WOMANS BACK TO LINE OF DANCE

- 1&2 Man: Moving Forward Left, Right, Left
Woman: Moving Backwards Back Right, Left Together, Right
- 3&4 Man: Moving Forward Line Of Dance Right, Left, Right
Woman: Moving Backward Left, Right, Left
- 5&6 Man: Moving Forward Left, Right, Left
Woman: Moving Backwards Right, Left, Right
- 7&8 Man: Stepping A 1/4 To The Right With Right, Stepping Left To The Left, Stepping Right Together
Woman: Man Turns Woman A 3/4 Turn Left With His Left Hand, Ending In Closed Position Shes Stepping Left, Right, Left

(START OVER)

This Can Be Danced As A Mixer Or Not

Section 3 When Changing Partners, If You Choose Not To Dance As A Mixer, Do Not Let The Girl Go, And Do The Same Steps With The Same Partner, Just Make Sure Your All Doing Mixer Or Not Mixer, You Cant Do Both
