

Loving Life Again

Count: 32

Wall: 4

Level: Improver

Choreographer: Nathan Gardiner (SCO) & Gwen Collier (SCO) - August 2026

Music: Loving Life Again - Ella Langley



Intro: 16 counts

Side R, Together, Side Rock, Recover, Sailor Step, Sailor Step

- 1-2 Step R to R side, Step L next to R
- 3-4 Rock out to R side, Recover on L
- 5&6 Step R behind L, Step L to L side, Step R to R side
- 7&8 Step L behind R, Step R to R side, Step L to L side

Step Pivot ¼ L, Cross Shuffle, ¼ R, ½ R, L Lock Step

- 1-2 Step forward on R, Pivot ¼ L
- 3&4 Cross R over L, Step L to L side, Cross R over L
- 5-6 ¼ R stepping back on L, ½ R stepping forward on R
- 7&8 Step forward on L, Lock R behind L, Step forward on L

Side Rock, Recover, Together, Side Rock, Recover, Together, Rock Forward, Recover, Coaster Step

- 1-2& Rock out to R side, Recover on L, Step R next to L
- 3-4& Rock out to L side, Recover on R, Step L next to R
- 5-6 Rock forward on R, Recover on L
- 7&8 Step back on R, Step L next to R, Step forward on R

Step Forward, Touch Behind, Shuffle Back, Point L Toe Back, Unwind ½ L, Step Pivot ¼ L

- 1-2 Step forward on L, Touch R behind L
- 3&4 Step back on R, Step L next to R, Step back on R
- 5-6 Point L toe back, Unwind ½ L
- 7-8 Step forward on R, Pivot ¼ L

Restart: On wall 1 dance 20& counts then do a Rocking Chair to restart the dance

Tag: End of walls 2 & 5

Rocking Chair

- 1-2 Rock forward on R, Recover on L
- 3-4 Rock back on R, Recover on L

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