

Coton Ouate

Count: 32

Wall: 2

Level: Beginner

Choreographer: Marie-Paule Tremblay (CAN) - August 2026

Music: Coton ouaté - Bleu Jeans Bleu



Intro: After the solo, 16 counts. Start at approximately 0:26

Restart: Wall 3, after 24 counts.

SECTION (1-8) HEEL SWITCHES, HEEL, HEEL, COASTER STEP, ¼ L HEEL GRIND

- 1& Touch R heel forward, step RF beside LF
- 2& Touch L heel forward, step LF beside RF
- 3-4 Touch R heel forward, touch R heel forward
- 5&6 Step RF back, step LF beside RF, step RF forward
- 7 Touch L heel forward, turning L toe to the right
- 8 Grind L heel, turning L toe to the left while making ¼ turn L, step RF back 9:00

SECTION (9-16) BACK, CROSS KICK, BACK, CROSS KICK, COASTER STEP, STEP, PIVOT ¼ L

- 1-2 Step LF back, kick RF across LF
- 3-4 Step RF back, kick LF across RF
- 5&6 Step LF back, step RF beside LF, step LF forward
- 7-8 Step RF forward, pivot ¼ turn L 6:00

SECTION (17-24) SIDE, TOGETHER, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

- 1-2 Step RF to R side, step LF beside RF
- 3&4 Step RF to R side, step LF beside RF, step RF to R side
- 5-6 Rock LF across RF, recover on RF
- 7&8 Step LF to L side, step RF beside LF, step LF to L side

RESTART: On Wall 3, after the first 24 counts, restart the dance.

SECTION (25-32) KICK-BALL-POINT, TOGETHER, POINT, TOUCH, CROSS, BACK, SIDE, STOMP

- 1&2 Kick RF forward, step RF beside LF, point LF to L side
- &3-4 Step LF beside RF, point RF to R side, touch RF beside LF
- 5-6 Cross RF over LF, step LF back
- 7-8 Step RF to R side, stomp LF beside RF taking weight on LF

RESTART

On Wall 3, after 24 counts

Dance the first 24 counts. You will be facing 6:00, then restart the dance from the beginning.

Marie-Paule Tremblay
Quebec, Canada
mpbootscountry@gmail.com