

Starlight - Contra

Count: 32

Wall: 0

Level: Beginner Contra Circle

Choreographer: Yovana Russell (CAN) - August 2026

Music: Starlight - Westlife



1 Tag

Intro: 16 Counts

FORMATION

Dancers form two concentric circles: an inner circle and an outer circle.

- The two circles are approximately 1–2 feet apart.
- Dancers in the two circles face opposite directions.
- The circles are slightly staggered, with dancers approximately 1–2 feet apart and slightly offset from one another.
- The choreography is designed so dancers cross through the opposite circle during the grapevines.

SECTION 1: GRAPEVINE RIGHT, TOUCH, WALK FORWARD

1-4 Step RF to right, cross LF behind RF, Step RF to right, touch LF beside RF.

5-8 Walk forward LF, RF, LF, RF.

Formation/Styling: The grapevine creates the first crossover between the two circles. Continue walking forward after the touch.

SECTION 2: GRAPEVINE LEFT, TOUCH, WALK FORWARD

1-4 Step LF to left, cross RF behind LF. Step LF to left, touch RF beside LF.

5-8 Walk forward RF, LF, RF, LF.

Formation/Styling: The grapevine creates the second crossover between the two circles before continuing forward.

SECTION 3: PROGRESSIVE STEP TOUCHES, $\frac{3}{4}$ TURN LEFT

1-2 Begin a progressive $\frac{3}{4}$ turn left with $\frac{1}{4}$ turn left Step RF to right, touch LF beside RF.

3-4 $\frac{1}{4}$ turn left Step LF to left, touch RF beside LF, continuing the turn left.

5-6 $\frac{1}{4}$ turn left Step RF to right, touch LF beside RF, continuing the turn left.

7-8 Step LF to left, touch RF beside LF, completing the $\frac{3}{4}$ turn left.

SECTION 4: ROCKING CHAIR, HEEL BOUNCES WITH $\frac{1}{4}$ TURN LEFT

1-4 Rock RF forward, recover onto LF, Rock RF back, recover onto LF.

5-8 Step RF slightly across LF and bounce both heels 4 times, completing a $\frac{1}{4}$ turn left.

TAG — 4 COUNTS

Occurs approximately at 3:05 in the song, during the instrumental section.

STEP TOUCHES

1-4 Step RF to right, touch LF beside RF, Step LF to left, touch RF beside LF.

After the Tag, restart the dance.

I dedicate this dance to my beautiful Line Dance Family and all Line Dance friends. "Because shining on the dance floor together makes it brighter"

Thank you for dancing my choreography. It was created with love and passion, and I hope you enjoy it!

Yovana Russell - KYnamics Dance - Canada

Feel free to contact if you have any questions info@kynamics.ca

Dance. Connect. Belong. Enjoy!

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