

One More Beer

Count: 32

Wall: 1

Level: Absolute Beginner

Choreographer: OX COUNTRY LINE DANCERS (UK) - August 2026

Music: One Beer - Clark Hill



Starts on the lyrics. Easy Fun Absolute Beginners Line Dance, No TAGS, No RESTARTS.

Change it up, add your own flare, song swap. This is a ONE wall dance and great for absolute beginners. Pair it with a slow track for a practice speed!

HEEL DIGS R, L, X2 RIGHT HEEL TOUCHES

- 1 – 2 Place right heel in front, step right foot next to left.
- 3 – 4 Place left heel in front, step left foot next to right.
- 5 – 6 Place right heel in front, touch right toe next to left.
- 7 – 8 Place right heel in front, touch right toe next to left.

DIAGONALLY STEPS TRAVELLING FORWARD RIGHT, THEN LEFT

- 1 – 4 Step right foot diagonally forward right, step left foot next to right. Step right foot diagonally forward right, touch left foot next to right.
- 5 – 8 Step left foot diagonally forward left, step right foot next to left. Step left foot diagonally forward left, touch right foot next to left.

FORWARD TOE HEEL STRUTS TRAVELLING FORWARD X4

- 1 – 8 X4 starting with right foot, right toe strut, left toe strut, right toe strut, left toe strut.

X2 TOE STRUTS BACK, X2 WALK BACK, AND X2 STOMPS

- 1 – 4 Right toe strut travelling back, left toe strut travelling back.
- 5 – 6 Walk back right. Walk back left foot.
- 7 – 8 Stomp right foot next to left x 2.

Optional flare: When doing the toe struts, a full circle over your right shoulder. Have fun with it!

START AGAIN

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