

The Fool

Count: 32

Wall: 2

Level: Easy Advanced

Choreographer: Sugarfoot (USA) - August 2026

Music: The Fool - Qveen Herby & THOT SQUAD



2 Restarts

Intro: Starts immediately after the phrase "not for you, you unwhimsical bitch"

***Dance starts facing 6:00 in a wide stance on the flick from final count in the last 8**

(1-8) ¼ Turn R Flick, R Stomp Rock, Ball Step, ¼ Turn Sweep, Behind Side Forward, R Lock Sweep, R Back Rock

- 8-1,2 (Facing 6:00) Flick R back while turning ¼ R, stomp rock RF to side (body facing 00 with head looking toward 12:00), recover weight on L
9
&3,4 Step R next to L, step L to side with bent knee, turn ¼ R to sweep R front to back
5&6 Cross R behind L, step L to side, step R forward
7,8 Slide L forward to lock behind R & let R swing from front to back, rock back on R while lifting & extending L forward

(9-16) 2x L Hops, R Coaster, L Skip Forward, R Hitch, Back R Point, ½ Turn Hip Swivel

- 1,2 Turn ¼ L while hopping on L, turn ½ L while hopping on L (R leg can extend back trailing the hop turns)
3&4 (3:00) Step R back, bring L to meet R, step R forward
5,6 Push off R to hop forward on L, hitch R knee forward
7,8 Point R toe back, swivel on L to turn ½ R while keeping R point extended (9:00)

***Both restarts happen in this 8-count just after counts 6,7, flicking for 8 & turning ¼ R to restart**

(17-24) R Ball Rock Forward, Recover, Back Ball Step, L Heel Grind Turn, L Coaster, R & L Skates

- &1,2 Step L forward, rock forward on R, recover weight on L
&3,4 Step ball of R next to L, place L heel back to full spin on heel over L, step R back
5&6 Step L back, bring R to meet L, step L forward
7,8 Glide R out diagonally to step R, glide L out diagonally to step L

***(styling option: bring palm of hands together in front of chest and push forward while parting them on lyrics "witchy bitches comin' through" as if parting a crowd, or flexing both arms on lyrics "better have some courage bro")**

(25-32) ½ R Pivot, ¼ R Rock, Lean w/Straight Leg & Overhead Clap, Rock L, Ball Step, R Point

- 1,2 Step R forward to turn ½ L, recover weight on L
3,4 Turn ¼ L & rock R to side, lean body R & lift L leg straight out to side while clapping overhead with straight arms & tilting head L

***(styling option: can also clap in front of chest with straight arms, snap, be a clown, whatever foolish thing you're feeling)**

- 5,6 Rock onto LF, step R down
&7,8 Step L next to R, point R out to side, flick R back while turning ¼ R

2x Restarts: Restarts happen on Wall 3 and Wall 7, both after the R hitch to R back point on counts 6,7 of the 2nd 8-count: On count 7, swivel on LF to turn ½ R with RF still extended, then restart by flicking RF back on 8 & turning ¼ R into the R stomp. While your body makes a ¼ turn, your head should be facing over your R shoulder in the same direction you previously hitched your R knee toward.

*****After the first restart, the dance will transition from being 2-wall between 12:00/6:00 to 2-wall 3:00/9:00, then after the second restart, it will transition back to 2-wall 12:00/6:00 until the end.**

End of Dance: Last 4 Counts

- 5,6 Rock onto LF, step R down

