

Amaretto in the Morning

Count: 48

Wall: 2

Level: Intermediate Waltz

Choreographer: Rob Fowler (ES) - July 2026

Music: Amaretto In The Morning - Cowboys and Indie



(1 x Restart – Wall 5)

Intro: 24 counts (approx. 14s)

Music available on: danztunz.com and all major music platforms

S1: R Cross Rock, Recover, Side R, L Twinkle

1,2,3 Cross rock R over L, recover weight on L, step R to R side

4,5,6 Cross L over R, step R to R side, turning slightly towards L step L in place beside R [12:00]

S2: R Twinkle ½ Turn L, L Cross Rock, Recover, Side L

1,2,3 Cross R over L, make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side [6:00]

4,5,6 Cross rock L over R, recover weight on R, step L to L side

S3: Cross R, Full Unwind With Sweep, Behind L, Side R, Cross L

1,2,3 Cross R over L, unwind full turn L sweeping L around (over 2 counts)

4,5,6 Step L behind R, step R to R side, cross L over R [6:00]

S4: Side R, Drag L, Step L Diagonally Fwd L, Full Turn L

1,2,3 Long step R to R side, drag L towards R (over 2 counts)

4,5,6 Step L diagonally forward towards 4:30, staying on the diagonal make ½ turn L stepping back on R, make ½ turn L stepping forward on L [4:30]

RESTART: See note below about RESTART here* in WALL 5

S5: R Cross Rock, Recover, Step R 3/8 R, Step Fwd L, Pivot ½ R

1,2,3 Cross rock R over L, recover weight on L, make 3/8 turn R stepping forward on R [9:00]

4,5,6 Step forward on L, make ½ turn R (over 2 counts) (weight forward on R) [3:00]

S6: Step Fwd L, Full Turn L, Rock Fwd R, Recover, Step R ½ R

1,2,3 Step forward on L, make ½ turn L stepping back on R, make ½ turn L stepping forward on L

4,5,6 Rock forward on R, recover weight on L, make ½ turn R stepping forward on R [9:00]

S7: Step Fwd L, Pivot ½ R, Sweep L, Start ¼ L Diamond

1,2,3 Step forward on L, make ½ turn R (weight forward on R), sweep L around from back to front (keep weight on R) [3:00]

4,5,6 Cross L over R, make 1/8 turn L stepping R to R side, step back on L [1:30]

S8: Finish ¼ L Diamond, Step Fwd L, ½ Turn L Sweeping R

1,2,3 Step back on R, make 1/8 turn L rocking back on L, step forward on R [12:00]

4,5,6 Step forward on L, make ½ turn L sweeping R around (over 2 counts) [6:00]

Start Over

***RESTART: During WALL 5 (which starts facing 12:00 – tip: listen for the instrumental section) please dance up to and including count 6 of Section 4, then restart facing the back wall. You'll be angled towards the diagonal ready for the cross rock to start.**

ENDING: The song ends during WALL 10. Dance up to and including count 6 of Section 6 (you'll be facing

3:00 with weight on R), then continue turning R for a 12:00 finish.
