

Power

Count: 64

Wall: 2

Level: Advanced Phrased

Choreographer: Roy Hadisubroto (IRE) & Jean-Pierre Madge (CH) - July 2026

Music: Power - Sons of Legion



Intro: 8 counts from first beat (app. 6 seconds into track). Start with weight on L foot.

Phrasing: AAB CAB CAB C

Part A : 16c

[1 – 8] Rock, Sweep, Weave L and Together, Cross ½ Turn L, Swivel Heels

- 1-2 Rock R forward (1), Recover on L and Sweep R from front to back (2) 12:00
- 3&4&5 Cross R behind L (3), Step L to L (&), Cross R over L (4), 1/8 Turn R and Step L to L side (&), Step R next L (5) 1:30
- 6&7 Step L forward (6), 3/8 Turn L Step R back (&), ¼ L Step L to L (7) 6:00
- 8&8&1 Swivel R heel in (&), Bring R heel back to center weight ended on R (8) Swivel L heel in (&), Bring L heel back to center, weight ended on L (1) 6:00

[9 – 16] Sailor Step Forward, Lock Step, ½ Turn R, Together, Step, ½ Turn L, Hitch, Step, ½ Turn L, Hitch, Step, Hitch

- 2&3 Cross R behind L (2), Step L to L (&), Step R forward (3) 6:00
- 4&4&5 Lock L behind R (&), Step R forward (4), ½ Turn R Step L back (&), Step R next L (5)
- 6&7&8& Step L forward (6), ½ Turn L and Hitch R (&), Step R back (7), ½ Turn L and Hitch L (&), Step L forward (8), Hitch R (&), 6:00

Part B : 16c

[1 – 8] V Step with Heels, Hitch Cross Side, Mambo Forward, Mambo Side, Step, Lock, Drag

- 1&2&3&4 Step R on R heel to R side (1), Step L on L heel to L side (&), Step R back to center (2), Step L back to center (&), Hitch R (3), Cross R over L (&), Step L to L (4), 12:00
- 5&6&7&8 Cross Rock R over L (5), Recover on L (&), Side Rock R to R (6), Recover on L (&), Step R back (7), Lock L over R (&), Big step R back while dragging L towards R (8) 12:00

Styling Note

On count 8, 1st wall the singer says “Shoes”, point your L index to you shoes as you do the big step back. (8)

On count 8, 2nd wall, the singer says “Fues”, point your L thump up like you are lighting a lighter as you do the big step back (8)

On count 8, 3rd wall, the singers doesn't sing but point your shoes as wall number one just to look cool (8) 12:00

[9 – 16] Ball, Cross ¼ R, ¼ L and Lock, Unwind Full Turn, Play Air Guitar, Swivel Toe Heel Quick

- a1 - 2 Step L next R (a), ¼ Turn R and Cross R over L (1), ¼ Turn L and step L forward (2), 12:00
- a3 - 4 Step R forward (a), Lock L behind R (3), Unwind a full turn L with weight ended on L (4) 12:00
- 5&a6a7 Step R out with weight ended on R while raising L arm up with L hand close at your head level, as if holding the Truss Rod of a guitar (5), R hand pulling an invisible string from your L hand to the R side of your hip as if playing an air guitar (&), L hand is still holding the Truss Rod, R hand will move up and down as if playing the guitar (a 6 a 7)

Music will help you for the counting ;) 12:00

- 8e&a Swivel L toes in (8), Swivel L heel in (e), Swivel L toes in (&), Swivel L heel in, weight ended on L (a)

For this part, you will hear some drums in the back of the music, it's really fast ! 12:00

Part C : 32c

[1 – 8] Side, Hitch Cross, ¼ L step, Step pivot ¼ L Cross Rock, Recover, Point, Sway R-L

- 1-2& Big step R to R and Drag L toward R (1), Close L next to R and Hitch R (2), Cross R over L (&), 12:00
- 3&4& ¼ Turn L and Step L forward (3), Step R forward (&), Turn ¼ L and Step L to L side (4), Cross R over L (&) 6:00
- 5 - 6&a Rock L to L side (5), Recover on R (6), Cross L over (&), Point R to R (a) 6:00
- 7-8 Sway R and swing R arm from L to R hip (7) Sway L and swing L arm from R to L hip (8) 6:00

[9-16] Step Touch x2, 1/8 Turn R, Walk, Step ½ Turn Pivot, Rock step, Coaster Step, Step Touch Rolling Vine

- 1&2& Step R to R diagonal forward (1), Touch L next R (&), Step L to L diagonal forward (2), Touch R next L (&) 6:00
- 3&4&5 Turn 1/8 R and Step R to R forward (3), Step L forward (&), ½ Turn R and Step R forward (4), Step L forward (&), Rock R forward while raising L behind R (5) 1:30
- 6&a Recover back on L (6), Step R next to L (&), Step L forward (a) 1:30
- 7&8& Step R forward (7), Turn 1/8 L and Touch L next R (&), ¼ Turn L and Step L forward (8), ½ Turn L and Step R backwards (&) 12:00

[17 – 24] Sway L-R with Arms Movement, Full turn L, Raise R hand while Swiveling R heel, Hitch Coaster Stomp

- 1&2 ¼ Turn L and Step L to L side while crossing both arms at chest level (1), Roll both arms in towards body (&), Transfer weight to R while pushing both elbows to side (2) 12:00
- 3&4 ¼ Turn L and Step L forward (3), ½ Turn L and Step R back (&), ¼ Turn L and Step L to L (4) With your R hand, caress your L arm while doing the full turn L and extend R arm to R side 12:00
- 5-6-7 Swivel R heel 3 times while raising R arm up slowly up to head height (5- 6-7) 12:00
- &8&1 Hitch R (&), Step R back (8), Step L next R (&), Stomp R forward (1), 12:00

[25 – 32] Hitch Stomp, ½ Turn Curved Run R, ½ Turn Curved Run L, Step turn ½ L, Step Turn ½ L,

- &2 Hitch L and Cross arms in front of body making an X with your forearms (&), Stomp L forward and extend both arms to the side while leaning a bit forward (2) 12:00
- 3&4 Keeping arms extended to the side, Curve run R,L,R doing ½ Turn R (3&4), 6:00
- 5&6&7&8 Keeping arms extended to the side, Curve run L,R,L doing ½ Turn L (5&6), Step R forward (&), pivot ½ L (7), Step R forward (&), pivot ½ L (8) 12:00

Begin again! And Have Fun
