

Need a Beat

Count: 64

Wall: 2

Level: Advanced Phrased

Choreographer: Fred Whitehouse (IRE) - June 2026

Music: Let the Music Play - Beds and Beats



Intro: 16 Counts, Start at approx 8 secs

Sequence: Tag, A, B, B, A, Tag (16 Counts), A, B, B, A

Tag

SEC 1 Arms

- 1 Place right hand over face left hand to side
- 2& Look right, look forward
- 3 Place left hand on right dropping left elbow right elbow to right side
- 4-5 Pull right elbow to right side over 2 counts
- 6-7& Push right to left, pull right elbow to right side, pull right elbow to right side
- 8& Place right arm to side, place left arm to side

SEC 2 Nightclub Basic, Side, Hold, Rolling Vine

- 1-2-3-4 Step right to right, hold, step left beside right, cross right over left

Arms: Pull both arms down to sides

- 5-6 Step left to left, hold

Arms: Roll both hands up in front of face

- 7-8-1 Turn ¼ right step right forward, turn ½ right step left back, turn ¼ right step right to right (12:00)

Arms: Open arms to sides

Restart Here 2nd time Tag is danced

SEC 3 Hold, Together, Cross, Side, Hold, Behind, Side

- 2-3-4 Hold, step left beside right, cross right over left

- 5-6 Step left to left, hold

Arms: Push left arm to right

- 7-8 Step right behind left, step left to left

SEC 4 Cross Rock, Side Rock, Touch Behind, Hold, Full Rolling Turn

- 1-2 Cross rock right over left, recover weight on to left

- 3-4 Rock right to right, recover weight on to left

- 5-6 Touch right behind left, hold

Arms: Pull hands to sides in front of eyes

- 7-8 Turn ½ right step right to right, turn ½ right step left beside right (12:00)

Part A: 32c

SEC 1 Side, Sailor Step, Behind, Side, ½ Step Sweep, Cross, Side, Back, Hitch

- 1 Step right to right
- 2&3 Step left behind right, step right to right, step left to left
- 4& Step right behind left, step left to left
- 5-6 Turn ⅙ left step right forward sweeping left from back to front over 2 counts (10:30)
- 7&8& Cross left over right, step right to right, step left back, hitch right

SEC 2 Back, ½ Side, Cross Shuffle, Side Rock, Weave

- 1-2 Step right back, turn ⅙ left step left to left (9:00)
- 3&4 Cross right over left, step left beside right, cross right over left

5-6 Rock left to left, recover weight on to right
7&8 Step left behind right, step right to right, cross left over right

SEC 3 Samba Whisk, ¼ Samba Whisk, ¼ Samba Whisk, ¼ Side, Behind, Side

1-2& Step right to right, rock left back, recover weight on to right
3-4& Turn ¼ right step left to left, rock right back, recover weight on to left (12:00)
5-6& Turn ¼ right step right to right, rock left back, recover weight on to right (3:00)
7-8& Turn ¼ right step left to left, step right behind left, step left to left (6:00)

SEC 4 Syncopated Cross Rocks, Step, ½ Pivot, Full Turn Together, Jump

1-2& Cross rock right over left, recover weight on to left, step right beside left
3-4& Cross rock left over right, recover weight on to right, step left beside right
5-6 Step right forward, pivot ½ left transferring weight onto left (6:00)
7-8 Full turn left step right beside left, jump both feet forward (6:00)

Option: 7-8 Turn ½ left step right back, turn ½ left step left forward

Part B: 32c

SEC 1 Stomp Side, Behind, Side, Cross Shuffle, Ball Point, Side Flick, Weave

1 Stomp right to right
2& Step left behind right, step right to right
3&4 Cross left over right, step right beside left, cross left over right
&5-6 Step right to right, point left to left, step left to left, flick right back
7&8& Cross right over left, step left to left, step right behind left, step left to left

SEC 2 ½ Heel Grind, Heel Switches, Rock, ½ Shuffle

1-2 Touch right heel forward, turn ⅛ right grinding heel step left back (1:30)
&3 Step right beside left, touch left heel forward
&4& Step left beside right, touch right heel forward, step right beside left
5-6 Rock left forward, recover weight on to right
7&8 Turn ¼ right step left to left, step right beside left, turn ¼ right step left forward (7:30)

SEC 3 ⅝ Hitch, Stomp Side, Hold, Swivel Heels Toes, Together, Side Rock, Side Shuffle

&1-2 Turn ⅝ left hitch right, stomp right to right, hold (12:00)
&3-4 Swivel both heels out, swivel both toes out, bring feet together
5-6 Rock right to right, recover weight on to left
7&8 Step right to right, step left beside right, step right to right

Styling: Pop shoulders to right

SEC 4 ½ Hitch, Stomp Side, Hold, Knee Pops, Side Press, Recover, Side, Cross

&1-2 Turn ½ right hitch left, stomp left to left, hold (6:00)
&3-4 Pop right knee in, pop left knee in, pop right knee in
5-6 Press right to right, recover weight on to left
7-8 Step right to right, cross left over right

Last Update: 7 Jul 2026
