

# Hooked!

**Count:** 64

**Wall:** 2

**Level:** Easy Intermediate

**Choreographer:** Gary Lafferty (SCO) - July 2026

**Music:** Hooked on Country Music - DJTEXX



140 bpm

## SECTION 1: HEEL, HOOK, SHUFFLE FORWARD; ROCK FORWARD, RECOVER, LEFT COASTER

- 1-2 Touch Right heel forward, hook Right heel across Left ankle  
3&4 Step forward on Right foot, step on Left foot beside Right, step forward on Right foot  
5-6 Rock forward on Left foot, recover weight onto Right foot  
7&8 Step back on Left foot, step on Right foot beside Left, step forward on Left foot

## SECTION 2: ROCK FORWARD, RECOVER, ¼ SIDE-SHUFFLE; LEFT JAZZBOX CROSS

- 1-2 Rock forward on Right foot, recover weight onto Left foot  
3&4 Turn ¼ Right stepping to Right on Right foot, step on Left foot beside Right, step to Right on Right foot  
5-8 Cross-step Left over Right, step back on Right foot, step on Left beside Right, cross-step Right over Left

## SECTION 3: CHASSE LEFT, ROCK BACK, RECOVER; CHASSE RIGHT, ROCK BACK, RECOVER

- 1&2 Step to Left on Left foot, step on Right foot beside Left, step to Left on Left foot  
3-4 Rock back on Right foot, recover weight onto Left foot  
5&6 Step to Right on Right foot, step on Left foot beside Right, step to Right on Right foot  
7-8 Rock back on Left foot, recover weight onto Right foot

## SECTION 4: DIAGONAL STEP FORWARD, SWIVEL RIGHT FOOT BESIDE; DIAGONAL STEPS BACK (x 2)

- 1-2 Step diagonally-forward Left on Left foot, swivel Right heel towards Left foot  
3-4 Swivel Right toes towards Left foot, swivel Right heel towards Left foot (weight stays on Left for 2/3/4)  
5-6 Step diagonally-back Right on Right foot, touch Left foot beside Right (clap)  
7-8 Step diagonally-back Left on Left foot, touch Right beside Left (double-clap on &8)

## SECTION 5: WEAVE TO RIGHT; CHASSE RIGHT, ROCK BACK, RECOVER

- 1-4 Step to Right on Right, cross-step Left behind Right, step to Right on Right, cross-step Left over Right  
5&6 Step to Right on Right foot, step on Left foot beside Right, step to Right on Right foot  
7-8 Rock back on Left foot, recover weight onto Right foot

## SECTION 6: SIDE LEFT, HOLD, & SIDE, HOLD; & ¼ TURN, STEP FORWARD, ½ TURN, STEP F/W

- 1-2& Step to Left on Left (1), hold / clap (2), step on Right foot beside Left (&)  
3-4& Step to Left on Left (3), hold / clap (4), step on Right foot beside Left (&)  
5-8 Turn ¼ Left stepping f/w on Left, step forward on Right, pivot ½ turn to Left, step forward on Right

## SECTION 7: ROCK FORWARD, RECOVER, COASTER STEP (LEFT then RIGHT)

- 1-2 Rock forward on Left foot, recover weight onto Right  
3&4 Step back on Left foot, step on Right foot beside Left, step forward on Left foot  
5-6 Rock forward on Right foot, recover weight onto Left  
7&8 Step back on Right foot, step on Left foot beside Right, step forward on Right foot

## SECTION 8: ROCK FORWARD, RECOVER, TRIPLE ½ TURN; STEP F/W, ½ TURN, STOMP, STOMP

- 1-2 Rock forward on Left foot, recover weight onto Right
- 3&4 Make  $\frac{1}{2}$  triple turn back over Left shoulder stepping on Left-Right-Left
- 5-8 Step forward on Right foot, pivot  $\frac{1}{2}$  turn to Left, stomp Right beside Left, stomp Left beside Right

**START AGAIN – NO TAGS OR RESTARTS!**

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