# Every Lifetime

**Count:** 32 **Wall:** 2 **Level:** High Intermediate
**Choreographer:** Kim Ray (UK) - June 2026
**Music:** Every Lifetime - Safire Ray

**1 restart**
**Intro: 16 counts**

**S1 FORWARD/SWEEP, CROSS, SIDE, BACK/SWEEP, BEHIND SIDE CROSS, HINGE ½ TURN RIGHT, CROSS ROCK/RECOVER, ¼ TURN LEFT**

| | |
|---|---|
| 1-2& | Step forward on right sweeping left out and forward, cross step left over right, step right to right side |
| 3-4& | Step back on left sweeping right out and back, cross step right behind left, step left to left side |
| 5-6& | Cross step right over left, ¼ turn right step back on left, ¼ turn right stepping right to right side (6:00) |
| 7-8& | Cross rock left over right, recover back on right, ¼ turn left stepping forward on left (3:00) |

**S2 ¼ TURN LEFT DRAG, BEHIND, SIDE, PRISSY WALKS FORWARD, CHASE ½ TURN RIGHT, FULL TURN LEFT, STEP, PIVOT ½ TURN LEFT**

| | |
|---|---|
| 1 | Make a ¼ turn left stepping right to right side dragging left towards right (12:00) |
| 2& | Cross step left behind right, step right to right side |
| 3-4 | Walk forward on left (slightly over right), walk forward on right (slightly over left) |
| 5&6 | Step forward on left, pivot ½ turn right, step forward on left (prep to turn left) (6:00) |
| 7& | Make a ½ turn left stepping back on right, ½ turn left stepping forward on left |
| 8& | Step forward on right, pivot ½ turn left (12:00) RESTART HERE ON WALL 3 FACING 12:00 |

**S3 ¼ TURN LEFT DRAG, BEHIND, SIDE, CROSS ROCK/RECOVER, WEAVE LEFT, CROSS ROCK/RECOVER**

| | |
|---|---|
| 1 | Make a ¼ turn left taking large step right to right side dragging left towards right (9:00) |
| 2&3 | Cross step left behind right, step right to right side, cross rock left over right |
| 4& | Recover back on right, step left to left side |
| 5&6& | Cross right over left, step left to left side, cross step right behind left, step left to left side |
| 7-8 | Cross rock right over left, recover back on left |

**S4 BALL POINT, ¼ TURN LEFT, STEP, PIVOT ⅜ TURN LEFT, DIAMOND ⅜ TURN RIGHT, PENCIL ⅞ LEFT**

| | |
|---|---|
| &1 | Step right to right side, point left toe to left side (lean right) |
| 2&3 | Make a ¼ turn left stepping forward on left, step forward on right, pivot ⅜ turn left (1:30) |
| 4&5 | Step forward on right, ⅛ turn right stepping left to left side, ⅛ turn right stepping back on right (4:30) |
| 6&7 | Step back on left, step right to right side, step forward on left |
| 8& | Touch right beside left, make a ⅞ turn left keeping weight on left (6:00) (easier option 8& step on right, step on left in place whilst making the turn to the back) |

**Last wall : Dance to end of Section 2 to finish facing 12:00**