

Bangaranga AB

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Shanthie De Mel (AUS) - May 2026

Music: Bangaranga - Dara : (Amazon)



Intro: 56 Count. Begin one the first word – Bangaranga. 137 BPM. Wall rotation left.

No Restart. 1 easy Tag after rotation 10. Do your own styling with Bangaranga attitude!

NOTE: The phrasing does not always fit. However there is a distinct beat to follow which will keep you in step.

(1-8) TOE-STRUT FORWARD x4.

- 1. 2 Step R toe forward. Step R heel down.
- 3. 4 Step L toe forward. Step L heel down.
- 5. 6 Step R toe forward. Step R heel down.
- 7. 8 Step L toe forward. Step L heel down. (12:00)

Optional styling. Finger snaps at shoulder level on heel down.

(9-16) SIDE. HOLD. BEHIND. HOLD. SIDE. HOLD. SCUFF. STOMP.

- 1. 2 Po Step R to right side. Hold.
- 3. 4 Step L behind R. Hold.
- 5. 6 Step R to right side. Hold.
- 7. 8 Scuff L. Stomp L. (12:00)

Optional styling. Sway arms to right & left on side steps.

(17-24) BACK. CLAP. x4

- 1. 2 Step R back. Clap.
- 3. 4 Step L back. Clap.
- 5. 6 Step R back. Clap.
- 7. 8 Step L back. Clap. (12:00)

Optional styling: When stepping back, hitch opposite foot.

(25-32) FORWARD. HOLD. TURN ¼ LEFT HOLD. SWAY. SWAY.

- 1. 2 Step R forward. Hold.
- 3. 4 Turn ¼ left on L. Hold. (9:00)
- 5. 6 Sway on R to right side with hip bumps for 2 counts.
- 7. 8 Sway on L to left side with hip bumps for 2 counts. (9:00)

TAG: 4 counts. At rotation 10

Sway right with hip bumps for 2 counts.

Sway left with hip bumps for 2 counts

NOTE: Tag is the same as counts 29 -32.

Dance to stay healthy & happy!