

Sirens Flicker

Count: 64

Wall: 2

Level: Easy Advanced

Choreographer: Niels Poulsen (DK) - May 2026

Music: Sirens - Monolink



Intro: 16 counts from beginning of track. App. 9 seconds into track. Start with weight on L foot

Phrasing: 64, 64, Tag 1, 64, 64, Tag 2, counts 33-64, 64, Ending

[1 – 8] R side rock, together, L side rock, recover with ¼ R, walk L and R, step ½ L sweep ¼ L

- 1 – 2 Rock R to R side (1), recover on L (2) 12:00
- &3 – 4 Step R next to L (&), rock L to L side (3), recover on R with ¼ R (4) 3:00
- 5 – 6 Walk L fwd (5), step R fwd (6) 3:00
- 7 – 8 Turn ½ L onto L starting to sweep R fwd (7), continue sweeping R a ¼ L (8) 6:00

[9 – 16] Cross, L side rock, cross, reverse rolling vine into R step slide

- 1 – 4 Cross R over L (1), rock L to L side (2), recover on R (3), cross L over R (4) 6:00
- 5 – 6 Turn ¼ L stepping back on R (5), turn ½ L stepping L fwd (6) 9:00
- 7 – 8 Turn ¼ L stepping R a big step to R side (7), slide L towards R (8) 6:00

[17 – 24] Ball cross, ¼ R back L, R back lock step, L back rock, full turn R

- &1 – 2 Step L next to R (&), cross R over L (1), turn ¼ R stepping back on L (2) 9:00
- 3&4 Step back on R (3), lock L over R (&), step back on R (4) 9:00
- 5 – 6 Rock back on L (5), recover on R (6) 9:00
- 7 – 8 Turn ½ R stepping back on L (7), turn ½ R stepping fwd on R (8) 9:00

[25 – 32] ½ R slow sweep, behind side, R cross shuffle, L side rock, recover ¼ R

- 1 – 2 Turn ½ R stepping back on R starting to sweep R to R side (1), finish R sweep (2) 3:00
- 3 – 4 Cross R behind L (3), step L to L side (4) 3:00
- 5&6 Cross R over L (5), step L to L side (&), cross R over L (6) 3:00
- 7 – 8 Rock L to L side (7), recover on R turning ¼ R (8) 6:00

[33 – 40] L&R Dorothy steps, L rock fwd, ½ L, hitch ½ L

- 1 – 2& Step L into L diagonal (1), lock R behind L (2), step L into L diagonal (&) 6:00
- 3 – 4& Step R into R diagonal (3), lock L behind R (4), step R into R diagonal (&) 6:00
- 5 – 6 Rock L fwd (5), recover back on R (6) 6:00
- 7 – 8 Turn ½ L stepping fwd on L hitching R knee (7), continue turning ½ L on L (8) 6:00

[41 – 48] R side together, side R w. hip roll, L bump, side L w. hip roll, R bump, behind sweep

- 1 – 2 Step R down and to R side (1), step L next to R (2) 6:00
- 3 – 4 Step R to R side rolling hips anti clockwise (3), bump hips to L keeping weight on R (4) 6:00
- 5 – 6 Step down on L rolling hips clockwise (5), bump hips to R keeping weight on L (6) 6:00
- 7 – 8 Cross R behind L starting to sweep L to L side (7), sweep L backwards (8) 6:00

[49 – 56] L back rock, shuffle ½ R, R back rock, step ½ L sweep

- 1 – 2 Rock back on L (1), recover on R (2) 6:00
- 3&4 Turn ¼ R stepping L to L side (3), step R next to L (&), turn ¼ R stepping back on L (4) 12:00
- 5 – 6 Rock back on R (5), recover on L (6) 12:00
- 7 – 8 Step R fwd (7), turn ½ L onto L sweeping R fwd (8) 6:00

[57 – 64] Syncopated R&L jazz boxes travelling back, R jazz box, cross

- 1 – 2& Cross R over L (1), step back on L (2), step R back to R diagonal (&) 6:00
- 3 – 4& Cross L over R (3), step back on R (4), step L back to R diagonal (&) 6:00

5 – 8 Cross R over L (5), step back on L (6), step R to R side (7), cross L over R (8) 6:00

Start Again

Tag 1, 16 counts: comes after wall 2, facing 12:00. Note: Tag 1 is really just 8 counts that you repeat
[1 – 8] R step slide, ball cross, Hold, ¼ R X 2, L cross shuffle

1 – 2 Step R a big step to R side (1), slide L towards R (2) 12:00

&3 – 4 Step L next to R (&), cross R over L (3), Hold (4) 12:00

5 – 6 Turn ¼ R stepping back on L (5), turn ¼ R stepping R to R side (6) 6:00

7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 6:00

[9 – 16] R step slide, ball cross, Hold, ¼ R X 2, L cross shuffle

1 – 2 Step R a big step to R side (1), slide L towards R (2) 6:00

&3 – 4 Step L next to R (&), cross R over L (3), Hold (4) 6:00

5 – 6 Turn ¼ R stepping back on L (5), turn ¼ R stepping R to R side (6) 12:00

7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 12:00

Tag 2, 48 counts: comes after wall 4, facing 12:00. Note: Once you've done counts 1-8, you repeat them 3 times turning a full turn over your R shoulder in total

[1 – 8] R side rock, behind sweep over 2 counts, L back rock, step ¼ R cross

1 – 2 Rock R to R side (1), recover on L (2) ... Lyrics 'Sirens flicker': 'Si' (1), 'rens' (2), 'flick' (3), 'er' (4) 12:00

3 – 4 Cross R behind L starting to sweep L to L side (3), sweep L backwards (4) 12:00

5 – 6 Rock back on L (5), recover on R (6) 12:00

7&8 Step fwd on L (7), turn ¼ R onto R (&), cross L over R (8) 3:00

[9 – 16] Same as counts 1-8. You end facing 6:00 6:00

[17 – 24] Same as counts 1-8. You end facing 9:00 9:00

[25 – 32] Same as counts 1-8. You end facing 12:00 12:00

[33 – 40] R to R side, bounce both heels over 8 counts, both arms go out to the sides and up over head over 8 counts. Palms facing the front 12:00

[41 – 48] Turn ½ L stepping R to R side, bounce both heels over 8 counts, both arms go out the the sides and down over 8 counts, weight on R. Palms facing the front. Now continue with counts [33-64] 6:00

Ending Do the last 64 counts, now facing 12:00. Step R to R side and reach R arm/hand up with palm of hand facing the front 12:00
