

Gospel Alive

Count: 106

Wall: 1

Level: Advanced Phrased

Choreographer: José Miguel Belloque Vane (NL) & Jean-Pierre Madge (CH) - April 2026

Music: Stayin' Alive - Gospel & Chior by 888 Collective



Intro: Start Immediately

Sequence: A, Tag 1, B, B, Tag 2, A, B, Tag 3, B

Part A

SEC 1 Arms, Side Lunge, Recover, Arms

- 1 Place both hands lips pull hands away away from face
- 2 Place both in front of chest fingers touching elbows bent to sides
- 3& Walk right index finger along left arm, walk right middle finger along left arm
- 4 Place right arm on top of left
- 5-6-7 Lunge left to left circling right arm full circle right over 3 counts
- 8 Recover weight on to right, bring right index finger to lips

SEC 2 Arms, Arms, Arms, Arms, Arms, Kick, Step, Touch Behind, Full Unwind, Arms

- 1& Place left hand by left ear wave right arm down across body, wave right arm up across body
- 2& Wave right arm down across body, wave right arm up across body
- 3-4 Push right arm up to left diagonal over 2 counts
- 5&6 Kick right forward, step right forward, touch left behind right
- 7-8 Full unwind turn left transferring weight onto left, click fingers at head height (12:00)

SEC 3 Step, Touch, Step, Touch, Diagonal Back Shuffle, Touch Back, ½ Unwind

- 1-2 Step right forward to right diagonal, touch left beside right
- 3-4 Step left forward to left diagonal, touch right beside left
- 5&6 Step right back to right diagonal, step left beside right, step right back to right diagonal
- 7-8 Touch left back, unwind ½ left transferring weight onto left (6:00)

SEC 4 Step, Touch, Step, Touch, Diagonal Back Shuffle, ½ Shuffle

- 1-2 Step right forward to right diagonal, touch left beside right
- 3-4 Step left forward to left diagonal, touch right beside left
- 5&6 Step right back to right diagonal, step left beside right, step right back to right diagonal
- 7&8 Turn ½ left step left forward, step right beside left, step left forward (12:00)

Part B

SEC 1 Walk, Walk, Step, ½ Pivot, ½ Back Sweep, Sailor Step, ¼ Sailor Step

- 1-2 Step right forward, step left forward
- 3& Step right forward, pivot ½ left transferring weight onto left (6:00)
- 4 Turn ½ left step right back sweeping left from front to back (12:00)
- 5&6 Step left behind right, step right to right, step left to left
- 7&8 Step right behind left, step left to left, turn ¼ right step right forward (1:30)

SEC 2 Rock, ¼ Side Rock, Cross Rock ¼ Step, ½ Hip Bump, ½ Hip Bump

- 1& Rock left forward, recover weight on to right
- 2& Turn ¼ left rock left to left, recover weight on to right (12:00)
- 3&4 Cross rock left over right, recover weight on to right, turn ¼ left step left forward (9:00)
- 5&6 Turn ¼ left touch right to right bumping right to right, bump hips left, turn ¼ left step right back (3:00)
- 7&8 Turn ¼ left touch left to left bumping left to left, bump hips right, turn ¼ left step left forward (9:00)

SEC 3 ¼ Chug, ⅛ Body Roll Body Roll

- 1 Turn ⅛ left pressing right to right keeping weight on left (7:30)
- 2 Turn ¼ left pressing right to right keeping weight on left (4:30)
- 3 Turn ¼ left pressing right to right keeping weight on left (1:30)
- 4 Turn ⅛ left pressing right to right keeping weight on left (12:00)
- 5-6 Turn ⅛ left touch right back, roll body down from head transferring weight onto right (10:30)
- &7-8 Step left beside right, touch right back, roll body down from head transferring weight onto right

SEC 4 ⅛ Side, Point Switches, Arms, Point Switch, Arms, Scuff, Step, Touch Behind, Full Unwind

- &1& Turn ⅛ right step left to left, point right to right, step right beside left (12:00)

Arms Point right arm up to left diagonal

- 2& Point left to left, step left beside right

Arms Point left arm up to right diagonal

- 3& Point right to right, step right beside left

Arms Point right arm forward

- 4&5 Scuff left forward, step left forward, touch right behind left

Arms 4-5) Point left arm forward, point right index finger down in front of chest

- 6-7-8 Full unwind turn right transferring weight onto right over 3 counts (12:00)

SEC 5 Side, Arms, Drag, Arms

- 1-2-3-4 Step left to left, hold for 3 counts

Arms Raise both arms to sides ending with hands about head

- 5-6-7-8 Drag right towards left over 4 counts

Arms Pull both arms down in front of body**SEC 6 Walk, Walk, Step, ½ Pivot, ½ Back, Ball Point, Look, Hold Drag**

- 1-2 Step right forward, step left forward
 - 3&4 Step right forward, pivot ½ left transferring weight onto left, turn ½ left step right back (12:00)
 - &5 Step left back, point right to right
- Arms Slap right thigh looking down**
- 6-7-8 Look forward, hold drag right towards left

SEC 7 ⅛ Mambo Step, Drag, Hold, Together, Step, ½ Tic Toc, Back, ⅛ Side Shuffle

- 1&2 Turn ⅛ left rock right forward, recover weight on to left, step right back dragging left heel towards right (10:30)
- 3&4 Hold, step left beside right, step right forward
- &5 Turn ¼ left twist left heel to right, turn ¼ left twist right heel to right (4:30)
- 6 Step left back
- 7&8 Turn ⅛ right step right to right, step left beside right, step right to right (6:00)

SEC 8 Flick, Side, Flick, Side, Flick, ¼ Side Shuffle, Flick, Side, Flick, Side, Flick, ¼ Side Shuffle

- &1&2 Flick left behind right, step left to left, flick right behind left, step right to right
- &3&4 Flick left behind right, step left to left, step right beside left, turn ¼ left step left forward (3:00)
- &5&6 Flick right behind left, step right to right, flick left behind right, step left to left
- &7&8 Flick right behind left, step right to right, step left beside right, turn ¼ left step right back (12:00)

SEC 9 Side, Behind Hitch, Full Triple Turn, Cross, Click, Ball Heel, Hold

- 1-2 Step left to left, step right behind left hitching left knee
- 3&4 Turn ¼ left step left forward, turn ½ left step right back, turn ¼ left step left to left (12:00)
- 5-6 Cross right over left, click fingers
- &7-8 Step left to left, touch right heel forward to right diagonal, touch index finger to sides of head

SEC 10 Ball Weave, Cross Shuffle, Hitch

&1&2& Step right to right, cross left over right, step right to right, step left behind right, step right to right

3&4& Cross left over right, step right beside left, cross left over right, hitch right

Tag 1

Rocking Chair

1-2 Rock right forward, recover weight on to left

3-4 Rock right back, recover weight on to left

Tag 2

Step, Hold

1-8 Step right forward, raise right arm forward over 7 counts

Tag 3

Step, Hold, Step, Hold

1-2-3-4 Step right forward, raise right arm forward over 3 counts

5-6-7-8 Step left forward, raise left arm forward over 3 counts

Last Update: 25 Apr 2026
