

Born in the Fire

COPPERKNOB
STEPSHEETS

Count: 44

Wall: 0

Level: Advanced Phrased

Choreographer: Guillaume Richard (FR) - March 2026

Music: Take You Down with Me - Trailermind, Epic Music World & City Wolf



A – B – A – Tag 1 – A (16 counts) – B (8 counts) – B – A – A (16 counts) – Tag 2 – A – Tag 1 - Ending

Intro: 16 counts

Tag 1:

1-4 Press RF fwd in R diagonal as you put L hand on your forehead as a soldier (1), Step RF next to LF (2), Press LF fwd in L diagonal as you put R hand on your forehead as a soldier (3), Step LF next to RF (4)

Tag 2:

1-4 All the arms movements are with clenched fists
Step RF to R and put R hand down next to R hip (1), Put L hand next to L hip (&), Rise up R hand to R shoulder level (a), Rise up L hand to L shoulder level (2), Cross both hands over each other at shoulders level in front of your chest (&), Uncross hands to get back to the same position as count 2 (a), Put both hands down at hips level (3), Hold (4)

PART A

[1 – 8] Side, Hitch, Ball Side Rock with 1/8 turn, Ball Rock Fwd, Steps Back & Hook, 1/8 turn Step, 1/2 turn Step

1-2& Step RF to R (1), Cross LF behind RF as you hitch R knee going from front to back (2), Cross RF behind LF (&)
Arms options : Cross both arms in front of your chest (1), Bring both arms down (2) 12:00
3-4& Step LF to L (3), Make 1/8 turn L as you recover on RF (4), Step LF next to RF (&) 10:30
5-6& Rock RF fwd (5), Recover on LF (6), Step RF back (&) 10:30
7-8& Step LF back as you hook RF over L leg (7), Make 1/8 turn R stepping RF fwd (8), Make 1/4 turn stepping LF back (&) 3:00

[9 – 16] 1/2 turn Step Fwd, Touch, Ball Step, 1/4 turn Cross & Side Kick, Cross, Side, Back Rock, Step 1/2 Pivot

1-2& Make 1/2 turn R stepping RF fwd (1), Touch LF next to RF (2), Step LF back (&)
Arms options : do a circle with your arms up starting with R arm and then LF arm going up (1), R arm is going in front of chest and L arm over R arm 9:00
3-4& Recover on R (3), Make 1/4 turn L crossing LF over RF & kicking RF to R (4), Cross RF over LF (&)
Arms options : Push both hands fwd in front of your chest (3), Put both hands fists in front of each other in front of your chest as pushing R elbow to R (4), Bring back arms same position in center (&) 6:00
5-6& Step LF to L (5), Rock RF back (6), Recover on LF (&) 6:00
7-8 Step RF fwd (7), Make 1/2 turn L stepping on LF (8) 12:00

[17 – 24] Push Turns, Run x2, Step 1/2 Pivot, Run x2 & Sweep, Cross, Side

1&2& Make 1/8 turn L stepping RF to R (1), Recover on LF (&), Make 1/8 turn L stepping RF to R (2), Recover on LF (&) 9:00
3&4& Make 1/8 turn L stepping RF to R (3), Make 1/8 turn L as recover on LF (4), Step RF fwd (&), Step LF fwd (&) 6:00
5-6& Step RF fwd (5), Make 1/2 turn L stepping on LF (6), Step RF fwd (&) 12:00
7-8& Step LF fwd as you sweep RF to the front (7), Cross RF over LF (8), Step LF to L (&) 12:00

[25 – 32] Back Rock, 1/4 turn Step x2, Back Rock, Steps Fwd x2, Step 1/2 Pivot, Step Fwd, Step Together

1-2& Cross RF behind LF (1), Recover on LF (2), Make 1/4 turn L stepping RF back (&) 9:00

- 3-4& Make ¼ turn L stepping LF to L (3), Step RF back (4), Recover on LF (&) 6:00
5-6 Step RF fwd (5), Step LF fwd (6) 6:00
7&&& Step RF fwd (7), Make ½ turn L stepping on LF (&), Step RF fwd (8), Step LF next to RF (&) 12:00

PART B

- [1-12] Step Touch, Double Side Turns, Side Touch, Double Side Turns, Step Touch, Full Circle Run Around**
1&2 Step RF to R and lift R hand up (1), Switch arms and lift up your L hand putting down R hand (&), Touch LF behind RF & bring L hand down crossing over your chest (2) 12:00
3&4& Make ¼ turn L stepping LF fwd (3), Make ½ turn L stepping RF next to LF (&), Make ½ turn L stepping LF fwd (4), Make ½ turn L stepping RF next to LF (&) 3:00
5&6 Make ¼ turn L stepping LF to L and lift L hand up (5), Switch arms and lift up your R hand up putting down L hand (&), Touch RF behind LF & bring R hand down crossing over your chest (6) 12:00
7&&& Make ¼ turn R stepping RF fwd (7), Make ½ turn R stepping LF next to RF (&), Make ½ turn R stepping RF fwd (8), Make ½ turn R stepping LF next to RF (&) 9:00

- [9-10] Make ¼ turn R stepping RF to R as you do a circle with your arms up starting with R arm and then LF arm going up (9), Touch LF next to RF as R arm is going in front of chest and L arm over R arm (10) 12:00**
11&a12& Make a full circle turn L running around with LF (11), RF (&), LF (a), RF (12), LF (&) 12:00

ENDING

Step RF to R and cross both hands up over your head
