

Shake Up the World

COPPER **KNOB**
BY STEPHEN HETS

Count: 52

Wall: 2

Level: Intermediate Phrased

Choreographer: Debbie Rushton (UK) - March 2026

Music: Weather Man - Valley Of Wolves



Part A 32 counts, Part B 20 counts

Count in: On lyrics

PHRASING: A B A A B A B- A A

PART A – 32 count 1 wall

TOE HEEL CROSS, TOE HEEL CROSS, SIDE TOUCH, GRAPEVINE ¼ TURN, STEP ¼ TURN CROSS

1&2& Touch R toe to L instep, Touch R heel to R diagonal, Cross R over L, Touch L toe to R instep

3&4& Touch L heel to L diagonal, Cross L over R, Step R to R side, Touch L beside R

5&6 Step L to L side, Cross R behind L, Make ¼ turn L stepping L forward

7&8 Step R forward, Pivot ¼ turn L taking weight on L, Cross R over L

• Styling Option on count 4 – on the chorus A (2nd, 4th and 5th) – Stomp R to R side lifting L leg slightly out to L side, hands out at sides like 'tah dah!' to hit the thunder 'strike' in the lyrics

TURN HITCH TURN HITCH, SIDE BACK ROCK, ROCK & CROSS, RUN ROUND ¾ TURN L

1&2& Make ¼ turn R stepping L back, hitch R knee, Make ½ turn R stepping R forward, Hitch L knee

3 4& Make ¼ turn R stepping L big step to L side, Rock R behind L, Recover forward onto L

5&6 Rock R out to R side, Recover onto L, Cross R over L

7&8 Run round ¾ turn anticlockwise stepping L, R L

STEP CLAP, STEP CLAP, GRAPEVINE, STEP CLAP, STEP CLAP, GRAPEVINE

1&2& Step R forward to R diagonal, Touch L beside R and clap hands at R shoulder height, Step L back on diagonal, Touch R beside L and clap hands at L hip height

3&4 Grapevine towards R diagonal (angle body to face 7.30)

5&6& Step L forward to L diagonal, Touch R beside L and clap hands at L shoulder height, Step R back on diagonal, Touch L beside R and clap hands at R hip height

7&8 Grapevine towards L diagonal (angle body to face 10.30)

STEP CLICK, TURN CLICK, ROCK & CROSS, SIDE TOUCH SIDE KICK, BEHIND SIDE CROSS

1&2& Step R forward, Swing arm & click R hand forward at waist height, Pivot ½ turn L, Click R hand

3&4 Make ¼ turn L rocking R out to R side, Recover onto L, Cross R over L

5&6& Step L to L diagonal, Touch R beside L, Step R back on diagonal, Kick L forward

7&8 Cross L behind R, Step R to R side, Cross L over R

PART B

SIDE BACK ROCK, ¼ SIDE BACK ROCK, ¼ SIDE BACK ROCK, ¼ SIDE BACK ROCK

1 2& Step R big step to R side, Rock L behind R, Recover onto R

3 4& Make ¼ turn R and step L big step to L side, Rock R behind L, Recover onto L

5 6& Make ¼ turn R and step R big step to R side, Rock L behind R, Recover onto R

7 8& Make ¼ turn R and step L big step to L side, Rock R behind L, Recover onto L

¼ STEP, ROCK & COASTER STEP, KICK BEHIND SIDE CROSS, KICK BEHIND SIDE CROSS

1 2& Make ¼ turn R stepping R forward, Rock L forward, Recover back onto R

3&4 Step L back, Step R beside L, Step L forward

5&6& Kick R to R diagonal, Cross R behind L, Step L to L side, Cross R over L

7&8& Kick L to L diagonal, Cross L behind R, Step R to R side, Cross L over R

- **RESTART INTO PART A HERE ON 3RD ROTATION OF B**

SIDE HOLD, BACK ROCK STEP ½ TURN

1 2 Stomp R out to R side & put hands out to sides to hit the break in the music, Hold count 2 but transfer weight back onto L

3&4& Rock R back, Recover forward onto L, Step R forward, Pivot ½ turn L taking weight onto L

• **Styling option for counts 1-2. Body Circle – Stomp R out to R side, bending R knee lean body to R side, bring body to low centre both knees bent, lean body to L side straightening R knee, and bring body up to standing (weight L) – this should make a smooth circular motion from R to L**

THE 3RD TIME YOU DANCE PART B, DANCE ONLY THE FIRST 16 COUNTS AND THEN RESTART INTO PART A

Ending – You'll finish after count 16 of A. Run round to front wall and pose for big finish on 17 □
