

Limited Edition

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Ria Vos (NL) - February 2026

Music: Only One - Ryan Innes



Intro: 32 Counts

Side, Hold, Ball-Side, Touch, Sway-Sway, ¼ L, Point

- 1-2 Step R to R Side, Hold
- &3-4 Step L Next to R, Step R to R Side, Touch L Next to R
- 5-6 Step and Sway L to L Side, Sway R
- 7-8 ¼ Turn L Step Fwd on L, Point R to R Side (9:00)

Cross, Point, Samba Step, Jazz Box

- 1-2 Cross R Over L, Point L to L Side
- 3&4 Cross L Over R, Step R to R Side, Step L to L Side
- 5-6 Cross R Over L, Step Back on L
- 7-8 Step R to R Side, Step Fwd on L ***Restart Point

Rock Fwd, Shuffle ½ R, Step Pivot ¼ R x2

- 1-2 Rock Fwd on R, Recover on L
- 3&4 Shuffle ½ Turn R Stepping R-L-R (3:00)
- 5-6 Step Fwd on L, Pivot ¼ Turn R (6:00)
- 7-8 Step Fwd on L, Pivot ¼ Turn R (9:00)

Cross Toe Strut, Side Rock, Cross, Side Rock, Cross

- 1-2 Step on L Toe Across R, Lower L Heel Taking Weight
- 3-4 Rock R to R Side, Recover on L
- 5 Cross R Over L
- 6-7 Rock L to L Side, Recover on R
- 8 Cross L Over R

Restart: After count 16 on Wall 2 & 6 (6:00)

Tag: After Wall 4 (12:00)

- 1-2-3 Step R to R Side, Hold, Hold
- 4 Step Weight on L Flicking R Behind (shout 'Hey' if you want ☐)