

Be Her

Count: 32

Wall: 4

Level: Improver

Choreographer: Stephen Pistoia (USA) & Laura Pistoia (USA) - February 2026

Music: Be Her - Ella Langley : (iTunes)



Intro is 16 Counts

No Tags or Restarts

Section 1, ROCK FORWARD, BACK ROCK, ¼ STEP, BEHIND STEP, ¼ STEP, STEP (PIVOT)

- 1,2 Rock forward on R, Recover on L
- 3,4 Rock back on R, recover on L
- 5,6 Step out on R make ¼ turn L, Step L behind R (9:00)
- 7,8 Step R out to R make ¼ turn R (Facing 12:00), Step L forward

Section 2, PIVOT, WALK, WALK, POINT, STEP BACK POINT R, STEP BACK POINT L

- 1,2 Pivot ½ turn R on ball of R (Facing 6:00), Step L forward,
- 3,4 Step R forward, Point L to L
- 5,6 Step L back, Point R to R,
- 7,8 Step R back, Point L to L

Section 3, CROSS, SIDE, BACK, HOOK, CROSS, SIDE, ¼ BACK, BACK, HOOK

- 1,2 Cross L over R, Step R out to R
- 3,4 Step L back (Slightly open body to 5:30), Hook R across L shin
- 5,6 Cross R over L (Facing 6:00), Step L back ¼ turn R (facing 9:00)
- 7,8 Step R back, Hook L across R shin

Section 4, STEP, PIVOT, SHUFFLE, STEP, PIVOT, WALK, WALK

- 1,2 Step L forward, Pivot R on ball of R (facing 3:00)
- 3&4 Step L forward, Step R next to L, Step L forward
- 5,6 Step R forward, Pivot L on ball of L (Facing 9:00)
- 7,8 Walk forward R,L,

Have fun with it! Any questions contact at Pistoias@ymail.com
