

Cool Guy Boogie

COPPER **NOB**
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2026

Music: Cool Guy Boogie - Billy Helton



2 easy restarts & 1 easy restart/tag

Start counting 16 when the heavy guitar beat kicks in approx. 22 secs & then start on the word 'room' when he sings 'when I step in the room' – approx. 31.9secs – it's obvious once you listen to the song – Thanks to Charles for recommending the song.

[1-8] L side/push hips, R tog/click, R side/push hips, L tog/click, L ball cross, L side/slide, R ball cross

- 1-2 As you step L to left side push hips left, as you turn to face R diagonal touch R together (click fingers) (This movement gives styling to the steps)
- 3-4 As you step R to right side push hips right, as you turn to face L diagonal touch L together (click fingers) (This movement gives styling to the steps)
- &5 (Facing 12 o'clock) Step L back, cross step R over L
- 6-7 Step L to side (big step), slide R together (keeping weight on L)
- &8 Step R back, cross step L over R

[9-16] R side, hold, L tog, ¼ R fwd shuffle, toe switches turning ½ R, L ball cross

- 1-2& Step R side, hold, step L together
- 3&4 Turning ¼ right step R forward, step L together, step R forward (3 o'clock) ****
- 5& Touch L toes together, turning ¼ right step on L (6 o'clock)
- 6& Touch R toes together, turning ¼ right step on R (9 o'clock)
- 7 Touch L toes together
- &8 Step on L, cross step R over L

WALLS 4 & 8 RESTARTS: During these walls which start facing L side wall, dance first 12 counts up to **** and restart the dance facing front wall

[17-24] L side press, recover on R, L behind/R side/L cross, R side, sweep into a ¼ L toaster, R fwd, ¼ L pivot turn

- 1-2 Press L to left side, recover weight on R +++++
- 3&4 Cross step L behind R, step R side, cross step L over R
- 5 Step R side
- 6&7 Sweep L behind as you turn ¼ left step L back, step R together, step L forward (6 o'clock)
- 8& Step R forward, pivot ¼ left (3 o'clock)

LUCKY WALL 13: TAG/RESTART During this wall which starts facing front, dance first 18 counts (see above +++++), and then add the following 2 counts to return to front wall, and restart

- 1&2 Cross step L behind R, turning ¼ R step R side, touch L together (now facing 12); restart

[25-32] R fwd, hold, L tog, walk fwd R/L, R fwd rock/recover, R ball step back, R back

- 1-2& Step R forward, hold, step L together
- 3-4 Step R forward, step L forward
- 5-6 Rock R forward, recover weight on L
- &7-8 Step R back, step L back, step R back

Tel: 01462 735778 or Mobile 07967 964962 E-mail: alison.biggs1@btinternet.com Find us on social media as Alison Metelnick; Peter Metelnick; TheDanceFactoryUK