Change Is Coming

Count: 32 **Wall:** 4 **Level:**
Choreographer: Joey Warren (USA) - February 2026
Music: Changes - The Careful Ones

1 – 4ct Tag
32 Count Intro

Walk Walk – Anchor Step, Behind Side ¼ Turn, Chase Turn ½

1 – 2	Walk R fwd, Walk L fwd
3-&-4	Rock R behind L, Recover down onto L, Step R back
5-&-6	Step L back behind R, ¼ Turn R stepping R fwd, Step L fwd (3 o'clock)
7-&-8	Step R fwd, ½ Turn L taking weight fwd onto L, Step R fwd (9 o'clock)

**** Last step should be Press/Rock feel on ball of R**

Walk Back Back, Behind Side Cross, ¼ Cross Behind-Hold, ¼ Cross Shuffle

1 – 2	Recover back as you walk back L, R
3-&-4	Step L behind R, Step R out to R, Step L across R (9 o'clock)
&-5-6	Sharp ¼ Turn L stepping R slightly back, Step L behind R, Hold (6 o'clock)
&7&8	Sharp ¼ Turn L stepping R slightly back, Cross L over R, Step R out to R,

Cross L over R (3 o'clock)

Lean-Step, Cross & Cross, ¼ Mambo Step Back, ½ Turn R

1 – 2	Step R out to R but don't fully take weight, Bend/Lean into R knee to take weight on count 2 (hold long as you can before taking weight and can add L flick on 2)
3-&-4	Cross L over R, Step R out to R, Cross L over R (these are heavier than above)
5-&-6	¼ Turn R rocking R fwd, Recover back on L, Step back on R (6 o'clock)
7-&-8	Step L back, ½ Turn R stepping R fwd, Step L fwd (12 o'clock)

¼ Cross Point, ½ Turn Point, Mambo ½ Turn, Step Slow Pivot, Run Run

1 – 2	Start ¼ turn R stepping R fwd, Finish ¼ pointing L toe out to L (3 o'clock)
3 – 4	¼ Turn L stepping L fwd, ¼ Turn L pointing R out to R (9 o'clock)
5-&-6	Rock fwd on R, Recover back L, ½ Turn R stepping R fwd (3 o'clock)
7-8&1	Step L fwd as you start ½ Pivot R, Finish ½ pivot by running R, L, R (9 o'clock)

***** The last R fwd is your count 1 of the beginning of the dance!!!!**

TAG: End of Wall 3 and End of Wall 7! Facing 3 o'clock both times!!!
Slow Walk, Rock-Coaster Step into beginning Walk Walk

1 – 2	Step R fwd but don't take weight immediately, Take 1-2 to step fwd
3	Press/Rock L fwd again take your time I even roll my L knee out
4-&-1	Step R back, Step L beside R, Step R fwd which is beginning of the dance

***** The tag is a tad slower than dance…..TAKE THE TIME**