

# Run Away to Galway Bay

**COPPER KNOB**  
STEPSHEETS



Count: 48

Wall: 4

Level: Improver

Choreographer: Rob Fowler (ES) - February 2026

Music: Run Away to Galway Bay - 2341studios

Intro: 16 counts (approx. 8s) – start on vocals

Music available on: [danztunz.com](http://danztunz.com) and all major music platforms

## S1: R Dorothy, Heel Switches, L Dorothy, Heel Switches

1,2& Step R forward slightly to R diagonal, lock L behind R, step R forward (&  
3&4& Touch L heel forward, step L next to R (&), touch R heel forward, step R next to L (&  
5,6& Step L forward slightly to L diagonal, lock R behind L, step L forward (&  
7&8& Touch R heel forward, step R next to L (&), touch L heel forward, step L next to R (&) [12:00]

## S2: Rock Fwd R, Recover, Shuffle ½ Turn R, ¼ R Side Rock, Recover, Cross Shuffle

1,2 Rock forward on R, recover weight on L  
3&4 Make ¼ turn R stepping R to R side, step L next to R (&), make ¼ turn R stepping forward on R [6:00]  
5,6 Make ¼ turn R rocking L out to L side, recover weight on R [9:00]  
7&8 Cross step L over R, step R to R side (&), cross step L over R

## S3: Switch Steps (Side and Forward)

1&2& Point R out to R side, step R next to L (&), point L out to L side, step L next to R (&  
3&4& Touch R heel forward, step R next to L (&), touch L heel forward, step L next to R (&  
5&6& Touch R toes next to L, step back on R (&), touch L heel forward, step L next to R (&  
7&8 Touch R heel forward, step R next to L (&), touch L next to R [9:00]

## S4: Back L, Back R, L Coaster, ½ Turn L Walking R, L, R, L

1,2 Step back on L, step back on R  
3&4 Step back on L, step R next to L (&), step forward on L  
5,6,7,8 Make ½ turn L walking in a semi-circle stepping R, L, R, L [3:00]

## S5: Side R, Hold, Ball-Side-Ball-Side, Heel Switches, Claps

1,2 Long step R to R side, hold  
&3&4 Step ball of L next to R (&), step R to R side, step ball of L next to R (&), step R to R side  
**(optional arms for counts 1-4: Looking towards L extend L arm fully out to L side with fingers outstretched and cross R arm in front of chest with outstretched fingers reaching towards L)**  
5&6& Touch L heel forward, step L next to R (&), touch R heel forward, step R next to L (&  
7&8 Touch L heel forward, clap hands twice [3:00]

## S6: Side L, Hold, Ball-Side-Ball-Side, Heel Switches, Claps

1,2 Long step L to L side, hold  
&3&4 Step ball of R next to L (&), step L to L side, step ball of R next to L (&), step L to L side  
**(optional arms for counts 1-4: Looking towards R extend R arm fully out to R side with fingers outstretched and cross L arm in front of chest with outstretched fingers reaching towards R)**  
5&6& Touch R heel forward, step R next to L (&), touch L heel forward, step L next to R (&  
7&8 Touch R heel forward, clap hands twice [3:00]

**Start Over**

**TAG:** At the end of WALL 2 (facing 6:00) and the end of WALL 4 (facing 12:00), please add the following 16-count tag (during an instrumental section) then start the dance again:

**S1: R Dorothy, Heel Switches, L Dorothy, Heel Switches (same as S1 of the dance)**

1,2& Step R forward slightly to R diagonal, lock L behind R, step R forward (&)  
3&4& Touch L heel forward, step L next to R (&), touch R heel forward, step R next to L (&)  
5,6& Step L forward slightly to L diagonal, lock R behind L, step L forward (&)  
7&8& Touch R heel forward, step R next to L (&), touch L heel forward, step L next to R (&)

**S2: Rock Fwd R, Recover, Shuffle  $\frac{1}{2}$  Turn R, Step Fwd L, Pivot  $\frac{1}{2}$  R, Run Fwd L, R, L**

1,2 Rock forward on R, recover weight on L  
3&4 Make  $\frac{1}{4}$  turn R stepping R to R side, step L next to R (&), make  $\frac{1}{4}$  turn R stepping forward on R  
5,6 Step forward on L, make  $\frac{1}{2}$  turn (weight forward on R)  
7&8 Run forward L, R (&), L (or L shuffle forward)

**ENDING:** The music ends during WALL 7 (which starts facing 6:00). Dance up to the end of S2 (cross shuffle) then “make  $\frac{1}{4}$  turn L stepping back on R and raise both arms” for the big finish facing 12:00 – ta da!!

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