

Beatbox Betty

Count: 48

Wall: 1

Level: Advanced Phrased

Choreographer: Shane McKeever (IRE), Guyton Mundy (USA) & Roy Hadisubroto (IRE) - November 2025

Music: Black Betty - Vahtang beatbox



Intro: Starts immediately

Sequence: Intro, A, B, B, A, A, Tag, B

INTRO Start with both feet apart

- 1 - 8 Arm movements
- 1 - 3 Bring both arms slowly up from side of body with handpalms facing up (1 – 3) 12:00
- 4 Push both hands out to side (4) 12:00
- 5 - 6 Bring both arms in front of chest with handpalms facing outwards (5 – 6) 12:00
- 7 - 8 With both arms extended forward in front of chest, slowly bring L fingertips facing down, R fingertips stays facing up while R thumb and L thumb interlock with each other (7 - 8) 12:00

PART A: 32c - Starting position with both feet apart

[1 – 8] Fan Swivel R, Hold, Ball, Side, Press, Twist Knee Out, Rock, Recover

- 1 - 2 Swivel R toes to R and L heel to L (1), Bring back to center (2) 12:00
- 3 & 4 Transfer weight to L (3), Close R next to L (&), Step L to L side (4) 12:00
- 5 - 6 Press L to L side (5), Drop L heel (&), Open body to R diagonal and Twist R knee out to R while standing on ball of R (6) 12:00
- 7 - 8 Rock on R while still standing on ball of R (7), Recover on L (8) 12:00

[1 – 8] Arm Movements

Starting position are both arms extended forward in front of chest, slowly bring L fingertips facing down, R fingertips stays facing up while R thumb and L thumb interlock with each other 12:00

- 1 - 2 Fan L hand up and to the R as R hand fans down and to the L (1), Recover back to neutral as you close both hands to a fist next to each other in front of chest. (2) 12:00
- 3 & 4 Roll knuckles up on the R hand from R pinkie, extending each knuckle up and then back down in a wave to R index finger (3), Continue waving on L hand, rolling the knuckles from L index finger to L pinkie (&), Hands are back in fisted position in front of chest (4) 12:00
- 5 & a 6 Both hands stays fisted, Take L arm diagonal up to the L, R hand stays in position (5) Bring L hand back to R hand (&), Bring R hand diagonally down to the R (a) Head looks ¼ turn R as you bring R hand in front of mouth (6) 12:00
- 7 - 8 Open R fist from pinkie to index and then close from pinkie to index in a wave (7 – 8) 12:00

[9 – 16] Look L, Chasse L, Triple Step Back, Hitch Ball Step

- 1 & 2 Hold and Bring R hand behind head circling around the L side of head, ending with R thumb at chin (1), Head look up with R thumb on chin (&) Head look L with R thumb on chin while body opens to L diagonal (2) 12:00
- 3 & 4 Step L to L side and Brush L shoulder with R hand (3), Step R next to L (&), Step L to L side and Brush L shoulder with R hand (4) 12:00
- 5 & 6 Keep both feet apart and step R back (5), Step L back while feet are apart (&), Step R back while feet are apart (6) 12:00
- 7 & 8 Step L back and Hitch R (7), Step R forward (&), Step L forward (8) 12:00

[17 – 24] Step, Swivel, Hitch L, Knee twist Out, In, Out, Bodyroll R, ¼ Turn L, Pony back

- 1 & 2 & Step R forward (1), Swivel both heels forward (&), Swivel both heels back to center (2), Hitch L knee (&) 12:00
- 3 - 4 Step L to L with L knee out (3), On ball of L, Twist L knee in (&), On ball of L, Twist L knee out (4) 12:00

- 5 - 6 & Bodyroll to the R (5), Bodyroll to the L (6) ¼ Turn L and bring both hands under the shoulder, handpalms facing forward (&) 9:00
- 7 & 8 Stretch arms forward while Stepping R backwards and Hitch L knee (7), Step L back (&), Step R backwards and Hitch L knee (8) 9:00

[25 - 32] Walk diagonally back, Coaster Cross, Pony Step, Cross Unwind

- 1 – 2 Turn 1/8 R and Big step L backwards (1), Big step R backwards (2) 10:30
- 3 & 4 & Big step L backwards (3), Step R next to L (&), 3/8 Turn L and Cross L over R (4) Step R to R side (&) 10:30
- 5 & 6 & Cross L behind R and Hitch R knee (5), Step R to R side (&), Cross L behind R and Hitch R knee (6), Step R to R side (&) 6:00
- 7 – 8 Cross L behind R (7), Unwind ½ Turn L ending with feet apart (8) 12:00

PART B: 16c - Starting both with both feet apart

[1 – 8] Body rotation CCW, Body rotation with arm push.

- 1 - 4 Lean body to L as you start to rotate upper body around and to the right in a CCW motion with hands out to either side, at shoulder level with palm facing upwards like Matrix style (1 – 4) 12:00
- & 5 - 8 Slightly hitch R knee as you pull palms into either side of chest (&) Step R to R side and push both handpalms out to diagonally to R and reverse the flow of the turn back to L as you push both hands forward with open palms facing forward (5 -8) 12:00

[9 – 16] Arm waves forward, Arm waves back, Chest pulse, Rock out with arm stretch R L

- & 1 & 2 Hitch R as you bring L hand up handpalm facing forward, and R hand down handpalm facing back (&), Step R forward and Snake L hand down at the same time snake R hand up and forward (1) , Start leaning forward and bring L hand up and forward with handpalm facing forward at the same time snake R hand down and forward with hand palm facing back (&) Lean all the way forward and Snake L hand down and forward at the same time snake R hand up and forward ending with fingertips almost touching (2) 12:00
- 3 & 4 Recover on L and reverse the arm movements (3 &) Step R next to L and end with both hands on chest (4) 12:00
- & While both hands still, stand on ball of feet and the push chest forward, at the same time both handpalms facing each other, fingertips pointing forward (&) 12:00
- a 5 – 6 & Recover chest (a) Push L knee out on ball of L as you lean R and extend R hand diagonally out to R with hand open and palm facing inwards (5 – 6) Recover back bring arms in (&) 12:00
- 7 – 8 & Push R knee out on ball of R as you lean L and extend L hand diagonally out to L with hand open and palm facing inwards (7 – 8) Recover back bring arms in (&) 12:00

Note: When doing PART B the second time, end with the starting position of PART A on count 8

TAG

- 1 - 4 Headroll
- 1 - 4 Feet are apart. Roll head CCW from front, left, back and to the right, finish looking forward to 12:00 (1 – 4) 12:00

Ending: The last time doing Part B, end with the chest pulse, head facing down looking at chest

Musicality Note

The song has a lot of speed differences. The dance starts immediately when he begins to sing. It's slow so don't rush it. First time Part A will be also very slow.

When doing the both PART B the music will speed up.

After the the Tag the song will slow down again.

It is very important to keep listening to how he sings.

Have fun!!!! Any questions..... See videos!

Roy, Shane and Guyton

