Laugh Til I Cry



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Rachael McEnaney (USA) - November 2025

Music: H.A.P.P.Y - Jessie J: (iTunes - Spotify)



[1 - 8] R SIDE, HOLD, L BALL, R CROSS, L SIDE, R POINT, ROLLING VINE R		
1 2	Step R big step to right [1] Hold (drag L towards R) [2] 12:00	
& 3 4	Step ball of L next to R [&] Cross R over L {3] Step L to left [4] 12:00	
5 6	Point R toe behind L as you look left and snap fingers left [5] Make 1/4 turn right stepping R	

forward [6] 3:00

7 8 Make 1/2 turn right stepping L back [7] Make 1/4 turn right stepping R to right [8] 12:00

[9 - 16] TOE SWITCHES L-R, R BALL, L SIDE ROCK, L BEHIND-SIDE-CROSS, C-HIP RIGHT

1 & 2	Point L to left [1] Step L next to R [&] Point R to right [2] 12:00
& 3 4	Step R next to L [&] Rock L to left [3] Recover weight R [4] 12:00
5 & 6	Cross L behind R [5] Step R to right [&] Cross L over R [6] 12:00
7 & 8	Hitch R knee as you raise R hip [7] Step R to right [&] Bend knees slightly as you bump hips right [8] 12:00

[17 - 24] L SIDE, R CROSS, L SIDE ROCK WITH HIP PUSH, 1/4 TURN LEFT SWEEPING R, R JAZZ BOX

1 2 3 4 Step L to left [1] Cross R over L [2] Rock L to left pushing hips forward [3] Recover weight R pushing hips back [4]

Styling: During these 4 counts travel towards 3:00 angle body to 10.30 12:00

5 6 7 8 Make 1/4 turn left stepping L forward as you sweep right [5] Cross R over L [6] Step L back [7] Step R to right [8] 9:00

[25 - 32] L CROSS, R SIDE, L HEEL, L BALL CROSS, L SIDE, R BEHIND, L SIDE, R HEEL, R BALL CROSS, HOLD SNAPPING FINGERS TO 'Y'

1 & 2	Cross L over R [1] Step R to right [&] Touch L heel to left diagonal [2] 9:00
& 3 4	Step ball of L in place [&] Cross R over L [3] Step L to left [4] 9:00
5 & 6	Cross R behind L [5] Step L to left [&] Touch R heel to right diagonal [6] 9:00
& 78	Step ball of R in place [&] Cross L over R [7] Hold as you take arms up to make a 'Y' shape snapping fingers [8] 9:00