Double Up



Count: 64 Wall: 4 Level: Intermediate Phrased

Choreographer: Amy Glass (USA) & Darren Bailey (UK) - October 2025

Music: 2 is Better Than 1 - Louis II



16 Count Tag Intro: 32 Counts

Phrasing: 64/Tag/56/64/Tag/64/Tag/Tag/48

Rack Dra	n Rall Ster	Stan 1	1/4 I Side	Drag	Rehind	Side, Cross
Davis, Dia	u. Dall. Olc.	, Olob. I	1/T L OIGO.	Diag.	Dei III Id.	Oldo, Oloss

1-2& Big step back on RF, Drag LF towards RF, Close LF next to RF

3-4 Step forward on RF, Step forward on LF

5-6 Make a 1/4 turn L and Big step RF to R side, Drag LF towards RF (now facing 9:00)

7&8 Cross LF behind RF, Step RF to R side, Cross LF over RF

Rock, Recover 1/4 L, Shuffle 1/2 L, Back, Back, Coaster Step

1-2 Rock RF to R side, Recover onto LF making a 1/4 turn L

3&4 Make a 1/4 turn L and step RF to R side, Close LF next to RF, Make a 1/4 turn L and step

back on RF (now facing 12:00)

5-6 Step back on LF popping R knee, Step back on RF, Popping L knee

7&8 Step back on LF, Close RF next to LF, Step forward on LF

Out, Out, Hold, Sway R, Sway L, Ball, Rock, Recover, Behind, Side, Cross

&1-2 Step RF to R side, Step LF to L side, Hold

3-4& Sway hips to R, Sway hips to L, Close RF next to LF

5-6 Rock LF to L side, Recover onto RF,

7&8 Cross LF behind RF, Step RF to R side, Cross LF over RF

Side, Close, Hold, Twist R, Twist L, Ball, Cross, 1/4 L, 1/2 L, L Sailor Step (into Step Lock)

&1-2 Step RF to R side making 1/8 turn L, Close LF next to RF, Hold

3-4 Twist both heels to R. Twist both heels to L.

&5-6 Put weight onto LF, Cross RF over LF making 1/8 turn R, Make a 1/4 turn L and step forward

on LF

7-8& Make a 1/2 turn L and step back on RF, Cross LF behind RF, Step RF to R side (now facing

3:00)

Step, Lock, Step, Lock, Step (All to L diagonal), Step Lock, Step, Lock, Step (All to R Diagonal)

1-2 Step LF diagonally forward to L, Lock RF behind LF

3&4 Step LF diagonally forward to L, Lock RF behind LF, Step LF diagonally forward to L

5-6 Step RF diagonally forward to RF, Lock LF behind RF

7&8 Step RF diagonally forward to RF, Lock LF behind RF, Step RF diagonally forward to RF

Cross, Back 1/4 L, L Shuffle, 1/4 R, Extended Cross Shuffle R

1-2 Cross LF over RF, Make a 1/4 turn L and step back on RF (now facing 12:00)

3&4 Step LF to L side, Close RF next to LF, Step LF to L side

5-6& Make a 1/4 turn L step RF to R side, Cross LF over RF, Step RF to R side (now facing 9:00)

7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

Rock, Recover, R Sailor 1/4 R, Step, Pivot 1/2 R, Step, Kick

1-2 Rock RF to R side, Recover onto LF

3&4 Cross RF behind LF, Make a 1/4 turn R and close LF next to RF, Step forward on RF (now

facing 12:00)

5-6 Step forward on LF, Make a pivot 1/2 turn R (now facing 6:00)

7-8 Step forward on LF, Kick RF forward

Back, Touch back, Step, 1/2 L Hitch, Back, Mashed Potatoes back (L, R, L)

1-2 Step back on RF, Touch LF back

3-4 Step forward on LF, Make a 1/2 turn L hitching up R knee

5-6& Step back on RF, Step back on LF twisting with heels in, Twist both heel out

7&8 Step back on RF twisting both heels in, twist both heel out, Step back on LF twisting both

heels in

Easier option for counts 6-8 walk back L, R, L

TAG (after wall 1, 3, 4 (Double Tag))

Back, Hold, Rock, Recover, Step, Spiral Full turn R, Walk R, Walk L

1-2 Step back on RF, Hold

3-4 Rock back on LF, Recover onto RF

5-6 Step forward on LF, Start a full turn Spiral R

7-8 Finish spiral R by stepping forward on RF, Step forward on LF (now facing 12:00)

Step. Sweep 1/4 R, Cross, 1/4 L, 1/2 L, Rock, Recover, Back Shuffle

1-2	Sten forward on RF Ma	ke a 1/4 turn R and sween	LF from back to front (now facing 3:00)
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3-4 Cross LF over RF, Make a 1/4 turn L and step back on RF (now facing 12:00)

5-6 Make a 1/4 turn L and Rock LF to L side, Recover onto RF making a 1/4 turn L (now facing

6:00)

7&8 Step back on LF, Close RF next to LF, Step back on LF