Shirts and Skirts



Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Jamie Barnfield (UK) - October 2025

Music: Man! I Feel Like A Woman! (Real Hypha Remix) - Shania Twain: (iTunes &

Spotify)



Intro: 8 counts (No Tags or Re-starts!) Start on the first main beat)

S1: , K -STEP (FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, TOUCH)		
1-2	Step forward to Right diagonal on Right, touch Left next to Right	
3-4	Step back to Left diagonal on Left, touch Right next to Left	
5-6	Step back to Right diagonal on Right, touch Left next to Right	
7-8	Step forward to Left diagonal on Left, touch Right next to Left	
(For a little bit of styling, thrown in some finger clicks on the touches)		

S2: GRAPEVINE RIGHT WITH CLAP, GRAPEVINE LEFT WITH CLAP

1-2	Step Right to Right side, cross Left behind Right
3-4	Step Right to Right side, touch Left next to Right as you clap your hands
5-6	Step Left to Left side, cross Right behind Left
7-8	Step Left to Left side, touch Right next to Left as you clap your hands

S3: WALK FORWARD R, L, R, KICK LEFT, WALK BACK L, R, L, TOUCH RIGHT

1-2	Step forward on Right, step forward on Left
3-4	Step forward on Right, kick Left forward
5-6	Step back on Left, step back on Right
7-8	Step back on Left, touch Right next to Left

S4: OUT, OUT, IN, IN, PADDLE 1/4 TURN

1-2	Step forward and out to Right on Right, step forward and out to Left on Left
3-4	Bring Right back to Centre, close Left next to Right
5-6	Small step forward on Right, turn 1/8 Left onto Left
7-8	Small step forward on Right, turn 1/8 Left onto Left (9:00)