

# Transcendental Cha

**COPPER** KNOB  
STEPSHEETS

Count: 264

Wall: 2

Level: Phrased Advanced

Choreographer: Dustin Valcalda (USA) & Sierra Gil (USA) - May 2025

Music: Transcendental Cha Cha Cha - Tom Cardy



**\*\*\*3 Tags / 0 Restart**

**Intro: 32 Counts / ~14 Seconds / Weight starts left foot**

**Sequence: A, B, A, C, Tag 1, D (x4), Tag 2, A, A, Tag 3**

We hope this dance makes you question your reality :)

## Section A (32 Counts)

### [1-8] Side, Together, Lock Step, Side, Together, Back Lock Step

- 1-2 Step RF to R side, Step LF next to RF 12:00
- 3&4 Step RF forward, Lock LF behind RF, Step RF forward 12:00
- 5-6 Step LF to L side, Step RF next to LF 12:00
- 7&8 Step LF back, Lock RF over LF, Step LF back 12:00

### [9-16] Heel Hook, Mambo Step, Sliding Side Point, Hip Sways

- 1-2 Hook R heel in front of L leg, Step RF next to LF 12:00
- 3&4 Step LF forward, Recover weight RF, Step LF next to RF 12:00
- 5-6 Slide R toe to R side, Drag R toe to center (close RF next to LF) 12:00
- 7&8 Center weight while swaying hips L, Sway hips to R, Sway hips to L (weight ends favoring LF) 12:00

### [17-24] Step, Hitch, Back ¼ Sumo Squat, Ball, Side Rock, Behind, Side, Cross

- 1-2 Step RF forward, Hitch L knee forward (styling: go up on R toes while pointing to sky) 12:00
- 3-4 Step LF back, Turn ¼ L while doing Sumo Squat shifting weight from R to L 9:00
- &5-6 Ball RF next to LF, Rock LF to L side, Recover weight RF 9:00
- 7&8 Step LF behind RF, Step RF to R side, Cross LF over RF 9:00

### [25-32] ¼ Walk, ¼ Walk, ¼ Triple Step, Walk, Walk, Mambo Step

- 1-2 Step RF to R w/ ¼ turn R, Step LF forward w/ ¼ turn R 3:00
- 3&4 Step RF forward w/ ⅛ turn R, Step LF next to RF, Step RF forward w/ ⅛ turn R 6:00
- 5-6 Step LF forward, Step RF forward 6:00
- 7&8 Step LF forward, Recover weight RF, Step LF next to RF (weight ends evenly) 6:00

**Note: Weight ends evenly after mambo due to sections A, B, and C starting on different feet**

## Section B (112 Counts)

### [1-8] ½ Pivot Turn, ¼ Triple Step, Sailor Step, ¼ Step, ½ Flick

- 1-2 Step RF in front of LF, Pivot ½ L (weight favoring LF) 12:00
- 3&4 Step RF forward w/ ⅛ turn L, Step LF next to RF, Step RF to R side w/ ⅛ turn L 6:00
- 5&6 Step LF Back, Step RF next to LF, Step LF forward 6:00
- 7-8 Shift weight to RF w/ ¼ turn R looking towards 12:00, Turn back to 6:00 while hopping onto LF while flicking RF 6:00

### [9-16] Walk, Walk, Step, Lock, Step, Cross, ¼ Side, ¼ Triple Step

- 1-2 Step RF forward, Step LF forward 6:00
- 3&4 Step RF forward, Lock LF behind RF, Step RF forward 6:00
- 5-6 Cross LF over RF, Step RF to R side w/ ¼ turn L 3:00
- 7&8 Step LF to L side w/ ¼ turn L, Step RF next to LF, Step LF forward 12:00

### [17-24] Full Turn Samba Weave

- 1&2 Step RF forward, turn  $\frac{1}{4}$  R stepping back on LF, Step back on RF 3:00
- 3&4 Step back on LF, turn  $\frac{1}{4}$  R stepping RF to R side, Step LF forward 6:00
- 5&6 Step R forward, turn  $\frac{1}{4}$  R stepping back on LF, Step back on RF 9:00
- 7&8 Step back on LF, turn  $\frac{1}{8}$  R stepping RF to R side, Step LF forward 10:30

**[25-32] R Botafogo, L Botafogo, R Volta Full Turn**

- 1&2 Turn  $\frac{1}{8}$  R while crossing RF over LF, Rock LF to L side, Recover weight onto RF 12:00
- 3&4 Cross LF over RF, Rock RF to R side, Recover weight onto LF 12:00
- 5&6&  $\frac{1}{4}$  turn R step RF forward, Lock/step LF behind,  $\frac{1}{4}$  turn R step RF forward, Lock/step LF behind 6:00
- 7&8  $\frac{1}{4}$  turn R step RF forward, Lock/step LF behind,  $\frac{1}{4}$  turn R step RF forward 12:00

**[33-40] Hop Forward, Shake, Hop Back, Shake, Touch Forward, Touch Back, Triple Step**

- &1-2 Hop Forward w/ both feet (&), Shake Hips for 1-2 12:00
- &3-4 Hop Backward w/ both feet (&), Shake Hips for 3-4 12:00
- 5-6 Touch RF forward, Touch RF back 12:00
- 7&8 Step RF forward, Step LF next to RF, Step RF forward 12:00

**[41-48] Touch Forward, Touch Back, Triple Step, Shimmy to Right, Roll Hips**

- 1-2 Touch LF forward, Touch LF Back 12:00
- 3&4 Step LF forward, Step RF next to LF, Step LF forward 12:00
- 5-6 Step RF to R side while shimmying, Continue shimmying while closing LF next to RF 12:00
- 7-8 Roll Hips in full circular motion from L to R (weight ends favoring LF) 12:00

**[49-56] Press Return, Ball, Press Return, Ball, Cross, Full Unwind, "Tear Away Pants!"**

- 1-2& Press RF forward, Recover Weight LF, Ball RF next to LF 12:00
- 3-4& Press LF forward, Recover Weight RF, Ball LF next to RF 12:00
- 5-6-7 Cross RF over LF, Unwind 360° turning L (6-7) 12:00
- 8 Bend forward and perform a "tear-away-pants" motion with your arms like you're ripping your pants off! 12:00

**[57-64] Rock Step, Pony Back, Two Step Full Turn, Coaster Step**

- 1-2 Rock RF forward, Recover weight LF 12:00
- 3&4 Step RF back hitching L knee, step LF next to RF, step RF back hitching L knee 12:00
- 5-6 Step LF back w/  $\frac{1}{2}$  turn L, Step RF forward w/  $\frac{1}{2}$  turn L 12:00
- 7&8 Step LF back, Step RF next to LF, Step LF forward 12:00

**[65-72] Step, Lock, Step, Sweep, Step, Lock, Step, Sweep**

- 1-2 Step RF forward, Lock LF behind RF 12:00
- 3-4 Step RF forward, Sweep LF around RF (weight favoring RF after sweep) 12:00
- 5-6 Step LF forward, Lock RF behind LF 12:00
- 7-8 Step LF forward, Sweep RF around LF (weight favoring LF after sweep) 12:00

**[73-80] Cross, Back, Side, Lunge, 3 Claps**

- 1-2 Cross RF over LF, Hold (Arm Movement: cover your eyes with your hands) 12:00
- 3-4 Step LF diagonally back, Hold (Arm Movement: uncover your eyes and spread your arms out wide) 12:00
- 5-6 Step RF to R Side, Bend R knee leaning/lunging to R side (Arm Movement: Cross your arms across your chest) 12:00
- 7&8 Clap 3 times 12:00

**[81-88] Cross Rock, Chassé, Cross Rock,  $\frac{1}{8}$  Chassé**

- 1-2 Cross Rock LF over RF, Recover weight RF 12:00
- 3&4 Step LF to L side, Step RF next to LF, Step LF to L side 12:00
- 5-6 Cross Rock RF over LF, Recover weight LF 12:00

7&8 Step RF to R side, Step LF next to RF, Step RF to R side w/  $\frac{1}{8}$  turn R 1:30

**[89-96]  $\frac{1}{4}$  Pivot Turn,  $\frac{1}{2}$  Pivot Turn, Step, Step, Lock, Step, Lock, Step**

1-2 Step LF in front of RF, Pivot  $\frac{1}{4}$  R (weight ends favoring RF) 4:30  
3-4 Step LF in front of RF, Pivot  $\frac{1}{2}$  R (weight ends favoring RF) 10:30  
5-6& Step LF forward, Step RF forward, Lock LF behind RF 10:30  
7&8 Step RF forward, Lock LF behind RF, Step RF forward 10:30

**[97-104]  $\frac{1}{8}$  Cross Rock,  $\frac{1}{2}$  Triple Step,  $\frac{1}{2}$  Pivot Turn, Two Step Full Turn**

1-2 Cross Rock LF over RF w/  $\frac{1}{8}$  turn R, Recover weight RF 12:00  
3&4 Step LF back w/  $\frac{1}{4}$  turn L, Step RF next to LF, Step LF to L w/  $\frac{1}{4}$  turn L 6:00  
5-6 Step RF in front of LF, Pivot  $\frac{1}{2}$  L (weight ends favoring LF) 12:00  
7-8 Step RF forward w/  $\frac{1}{2}$  turn L, Step LF back w/  $\frac{1}{2}$  turn L 12:00

**[105-112] Cross, Hold, Cross, Hold, Jazz Box w/ Cross**

1-2 Cross/Step RF in front of LF, Hold 12:00  
3-4 Cross/Step LF in front of RF, Hold 12:00  
5-6 Cross RF over LF, Step LF diagonally Back L 12:00  
7-8 Step RF to R side, Cross LF over RF 12:00

**Dance continues with A**

**Section C (112 Counts)**

**[1-8] Slide Left, Weave, Slide Right, Weave**

1-2 Big Step LF to L side, Drag RF towards LF 6:00  
3&4& Cross RF over LF, Step LF to L side, Step RF behind LF, Step LF to L side 6:00  
5-6 Big Step RF to R side, Drag LF towards RF 6:00  
7&8& Cross LF over RF, Step RF to R side, Step LF behind RF, Step RF to R side 6:00

**[9-16] Cross Rock,  $\frac{1}{4}$  Side Rock, Coaster Step, Strut Hip Bumps**

1-2 Cross Rock LF over RF, Recover weight RF 6:00  
3-4 Rock LF to L side w/  $\frac{1}{4}$  turn L, Recover weight RF 3:00  
5&6 Step LF back, Step RF next to LF, Step LF forward 3:00  
7&8 Touch R toe forward w/  $\frac{1}{4}$  turn L while bumping hips to R, Bump hips to L, Step weight onto RF while bumping hips to R 12:00

**[17-24] Sailor Step, Behind, Side, Cross, Two Step  $\frac{3}{4}$  Turn, Coaster Step**

1&2 Step LF behind RF, Step RF to R side, Step LF to L 12:00  
3&4 Step RF behind LF, Step LF to L side, Cross RF over LF 12:00  
5-6 Step LF to L side w/  $\frac{1}{4}$  turn L, Step RF forward w/  $\frac{1}{2}$  turn L 3:00  
7&8 Step LF back, Step RF next to LF, Step LF forward 3:00

**[25-32] Traveling Out Out In In (x2), Step, Lock, Step, Lock, Step**

&1&2 Step RF diagonal forward R, Step LF diagonal forward L, Step RF to center, Step LF to center 3:00  
&3&4 Step RF diagonal forward R, Step LF diagonal forward L, Step RF to center, Step LF to center 3:00  
5-6 Step RF diagonally R w/  $\frac{1}{8}$  turn R, Lock LF behind RF 4:30  
7&8 Step RF to R w/  $\frac{1}{8}$  turn R, Lock LF behind RF, Step RF forward 6:00

**[33-40]  $\frac{1}{2}$  Pivot Turn, Step, Lock, Ball, Sweep, Cross, Side, Behind, Side,  $\frac{1}{2}$  Pencil Turn**

1-2 Step LF in front of RF, Pivot  $\frac{1}{2}$  R (weight ends favoring RF) 12:00  
3&4 Step LF forward, Lock RF behind LF, Ball LF forward while sweeping RF around LF 12:00  
5-6 Cross RF over LF, Step LF to L side 9:00  
7&8 Step RF behind LF, Step LF to L side w/  $\frac{1}{4}$  turn L, Pencil turn  $\frac{1}{2}$  while hitching R knee 3:00

**[41-48] Walk, Walk, Step, Lock, Step, Cross, Back, Slide, Knee Pops**

- 1-2 Step RF forward, Step LF forward 3:00
- 3&4 Step RF forward, Lock LF behind RF, Step RF forward 3:00
- 5-6 Cross LF over RF, Step RF to R side w/ ¼ turn L 12:00
- 7-8& Step LF to L side while dragging RF towards LF, Pop R knee, Shift weight to RF and pop L knee

**Styling Note – Replace Knee Pops (8&) with a Compact Chassé**

**[49-56] Side Triple R, ¼ Side Triple L, ¼ Side Triple R, ¼ Side Triple L**

- 1&2 Step RF to R side, Step LF next to RF, Step RF to R side 12:00
- 3&4 Turn ¼ L while stepping LF to L side, Step RF next to LF, Step LF to L side 9:00
- 5&6 Turn ¼ L while stepping RF to R side, Step LF next to RF, Step RF to R side 6:00
- 7&8 Turn ¼ L while stepping LF to L side, Step RF next to LF, Step LF to L side 3:00

**[57-64] Cross, Side, Sailor Step, Cross, Side, ¼ Sailor Step**

- 1-2 Cross RF over LF, step LF to L side 3:00
- 3&4 Step RF behind LF, Step LF to L side, Step RF diagonally R 3:00
- 5-6 Cross LF over RF, Step RF to R side 3:00
- 7&8 Step LF behind RF, Step RF to R side w/ ¼ turn L, Step LF forward 12:00

**[65-72] Step, Kick, Back, Touch, Vaudeville, Ball, Cross, Step w/ Baseball Swing**

- 1-2 Step RF forward, Kick LF forward 12:00
- 3-4 Step LF back, touch R toe slightly back 12:00
- 5&6 Cross RF over LF, step LF to L side, touch R heel diagonally R 12:00
- &7-8 Ball RF next to LF, Cross LF over RF, Step RF to R side while pivoting ¼ L (Arm Movement: add baseball bat swing motion with arms) (weight ends favoring RF) 3:00

**[73-80] Triple Step Back, Triple Step Back, Back Rock Step, Two Step ¾ Turn**

- 1&2 Step LF back, Step RF next to LF, Step LF back 9:00
- 3&4 Step RF back, Step LF next to R foot, Step RF back 9:00
- 5-6 Rock LF back w/ turn prep, Recover weight RF 9:00
- 7-8 Step LF forward w/ ½ turn R, Step RF back w/ ¼ Turn R 6:00

**[81-88] Ball, Side Rock, Behind, Side, Cross, Side Rock, Behind, ¼ Side, Step**

- &1-2 Ball LF next to RF, Rock RF to R side, Recover weight to LF 6:00
- 3&4 Step RF behind LF, Step LF to L side, Cross RF over LF 6:00
- 5-6 Rock LF to L side, Recover weight to RF 6:00
- 7&8 Step LF behind RF, Step RF to R side w/ ¼ turn R, Step LF forward 9:00

**[89-96] Hip Push, Run Back, Two Step ¾ Turn, Hip Bumps**

- 1-2 Step RF forward while pushing hips forward, Push hips back while recovering weight to LF 9:00
- 3&4 Step RF back, Step LF back, Step RF back 9:00
- 5-6 Step LF back w/ ½ Turn L, Step RF forward w/ ¼ turn L 12:00
- 7&8 Bump hips to L, Bump hips to R, Bump hips to L 12:00

**[97-104] Cross Point, Side Point, Coaster Step, Cross Point, Side Point, Coaster Step**

- 1-2 Point RF diagonally in front of LF, Point RF to R side 12:00
- 3&4 Step RF back, Step LF next to RF, Step RF forward 12:00
- 5-6 Point LF diagonally in front of RF, Point LF to L side 12:00
- 7&8 Step LF back, Step RF next to LF, Step LF forward 12:00

**[105-112] Rock Step, ½ Back Triple Step, ½ Pivot Turn, Boogie Walk**

- 1-2 Rock RF forward, Recover weight to LF 12:00
- 3&4 Step RF back w/ ¼ turn R, Step LF next to RF, Step RF to R w/ ¼ turn R 6:00
- 5-6 Step LF in front of RF, Pivot ½ R (weight end favoring RF) 12:00

7&8                Step LF forward pushing hips/knees to L, Step RF forward pushing hips/knees to R, Step LF forward pushing hips/knees to L 12:00

**Dance Continues with Tag 1**

**Tag 1 – This tag moves you into a conga line, anywhere you can find space on the floor with others. There are only 8 counts to position so find someone to join quickly!**

1-8                Walk R, Walk L, Walk R, Walk L, Walk R, Walk L, Walk R, Walk L -

**Dance Transitions into section D, the CONGA LINE**

**Section D – CONGA LINE (8 Counts) – This section occurs after Tag 1, and repeats 4 times (totaling 32 counts)**

**[1-8] Side Mambo R, Walk, Walk, Side Mambo L, Walk, Walk**

1&2                Step RF to R side, Recover weight to LF, Step RF forward -

3-4                Step LF forward, Step RF forward -

5&6                Step LF to L side, Recover weight to RF, Step LF forward -

7-8                Step RF forward, Step LF forward -

**TAG 2 (8 Counts) – This tag ends the CONGA LINE. Use these 8 counts to reposition yourself back in line facing 12:00, preparing to continue the dance with A**

**End of Dance (5 Counts)**

1-5                Toe, Heel, Cross, Toe, Heel, Cross, Out, Out

1&2                Touch R toe inwards toward LF, Touch R heel inwards towards LF, Cross RF over LF 12:00

3&4                Touch L toe inwards towards RF, Touch R heel inwards towards RF, Cross LF over RF 12:00

&5                Step RF to R side, Step LF to LF side 12:00

**End dance with whatever style of pose you prefer!**

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