New Heart

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Alexis Strong (UK) - June 2025
Music: New Heart - Crash Adams

#8 Count Intro- Start On Lyrics

[1-8] R ROCK BACK RECOVER HITCH L, FWD R SHUFFLE, L ROCK RECOVER L COASTER CROSS.

1-2	Rock Back R Hitch L (1) Recover Fwd L (2)
3&4	Step Fwd R (3) Close L (&) Step Fwd R (4)
5-6	Rock Fwd L (5) Recover Back R (6)
7&8	Step Back L (7) Close R (&) Cross L Over R (8)

[9-16] FIGURE OF 8 (LEADING TO R)

1-2	Step R To R (1) Cross L Behind R (2)
3-4	Make 1/4 Turn R Step Fwd R (3) Step Fwd L (4)
5-6	Make 1/2 Turn R Step Fwd R (5) 9:00 Make 1/4 Turn R Step L To L (6) 12:00
7-8	Cross R Behind L (7) Make 1/4 Turn L Step Fwd L (8) 9:00

[17-24] STEP FWD R HOLD, BALL STEP FWD R HOLD, BALL STEP R ROCK RECOVER, WALK BACK R L. (ADD A FWD BODY ROLL FOR STYLING)

1-2	Step Fwd R (1) Hold (2)
&3-4	Close L (&) Step Fwd R (3) Hold (4)
&5-6	Close L (&) Rock Fwd R (5) Recover On L (6)
7-8	Walk Back R (7) Walk Back L (8)

[25-32] ROCK R BACK RECOVER, STEP PIVOT 1/2 TURN, DIAGONAL QUICK STEP TOUCHES FWD X4.

1-2	Rock Back R (1) Recover Fwd L (2)
3-4	Step Fwd R (3) Pivot 1/2 Turn L Step Fwd L (4) 3:00
&5&6	Step R Diagonal (&) Touch L To R (5) Step L Diagonal (&) Touch R To L (6)
&7&8	Step Diagonal R (&) Touch L To R (7) Step Diagonal L (&) Touch R To L (8)

Tag End Of Wall 10 Facing 6:00
Add A Backwards Rocking Chair Leading With R

Finish On Wall 12, Stomp R To R Facing The Front

ENJOY