Shake Senora (B.O.B.)

Count: 32 **Wall:** 4 **Level:** Intermediate / Advanced
Choreographer: Paige Glickman (USA) & Kiley Faulkner (USA) - April 2025
Music: Shake Senora (feat. T-Pain & Sean Paul) - Pitbull

SEQUENCE: 32 count intro. Dance starts with TAG 1 (16 counts)
TAG 1, 32, 32, 32, TAG 1, 32, 32, 32, TAG 1, 32, 16, TAG 2, 32, TAG 1, 32 rest of the way

[1-8] Cross Back Side, Cross Side Behind, Rock And Cross, Unwind Full Turn

1&2	1) Cross R over L, &) Step back on L, 2) Step R to RS
3&4	3) Cross L over R, &) Step out w/ R, 4) Cross L behind R
&5&6	&) Step out w/ R to RS, 5) L heel out, &) Step back onto L, behind R, 6) Cross R over L
&7-8	&) Step on L, 7) Cross R behind L, 8) Unwind both feet to face back to 12:00

[9-16] Rock Recover, Behind Side Cross, Rock Point, Cross Step x2, Jump Out/In

1-2	1) Rock out on L, 2) Recover back on R
3&4	3) Cross L behind R, &) Step out on R, 4) Cross L in front of R
&5&6	&) Rock out on R, 5) Point out L, &) Transfer weight, Step onto L, 6) Cross R over L
&7&8	&) Step on L 7) Cross R over L &) Jump out on both feet 8) Jump in with both feet (to 9:30 wall)

[17-24] Swivel Step, Sweeps, Behind and Cross

1-2	1) (towards 9:30)*On your toes* Step fwd on R, Swivel L & R knees to the R, 2) *On your toes* Step fwd on L, Swivel L & R knees to the L
3&4	3) *On your toes* Step fwd on R, Swivel L & R knees to the R, &) *On your toes* Step fwd on L, Swivel R & L knees to the L, 4) *On your toes* Step fwd on R, Swivel L & R knees to the R
5-6	5) Step on L sweeping R back, 6) Step on R sweeping L back
7-8	7) Step on L sweeping R back, 8) Cross R behind L

[25-32] Rotating Weave, Step and Chest/Hip Roll, Quarter Coaster Step

&1-2	&) Step out w/ L, 1) Cross R over L, 2) Hold count 2
&3&4	&) Step out w/ L, 3) Cross R behind L, &) Step out w/ L, 4) Cross R over L (ending at 6:00)
5-6	5-6) Step out w/ L to LS rolling hips/chest isolation
7&8	7: Step back onto L, &) Step R to L, 8) Step fwd w/ L

TAG 1 is done 4 times throughout the dance, TAG 2 is done once.
TAG 1 - 16 Counts: (Before the 1st wall 0:15, before the 4th wall 1:08, before the 6th wall 2:00, and before the 10th wall)
[1-8] Walk forward, Step Out, Knee Twists

1-2	1-2) Walk fwd w/ R
3-4	3-4) Walk fwd w/ L
&5-6	&) Step out w/ R, 5) Step out w/ L 6) Hold
7-	8) 7) Twist R knee in towards L leg, 8) Twist L knee in towards R leg

[9-16] Hip Roll, Cross Back Side, Cross Back Side

1-2	1) Roll hips counter-clockwise, 2) Continue hip roll to the R
3-4	3) Continue hip roll around to the L, 4) End hip roll with weight on the L
5&6	(Traveling back) 5) Cross R over L, &) Step back on L, 6) Step R to R side
7&8	7) Cross L over R, &) Step back on R, 8) Step L to L side

TAG 2 - 8 Counts (done at 6:30 wall) Done at wall 7 after the first 16 counts (2:00 in song)
[1-8] Cross Unwind Turn, Out Out In In

1-2	1) Cross R over L, 2) Start unwinding

3-4	3-4) Unwind feet to 12:00 wall
5-6	5) Step out w/ L, 6) Step out w/ R
7-8	7) Step in w/ L, 8) Bring R back to L
