Sweet Jamaica

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Alexis Strong (UK) - January 2025
Music: Sweet Jamaica - The Dualers

Start on vocals 32 count intro

[1-8] x4 HEEL DIGS FWD STEP TOGETHER.

1-2	Dig R Heel Fwd (1) Step On R (2)
3-4	Dig L Heel Fwd (3) Step On L (4)
5-6	Dig R Heel Fwd (5) Step On R (6)
7-8	Dig L Heel Fwd (7) Step On L (8)

[9-16] x2 STEP SIDE, CROSS, STEP SIDE, KICK.

1-2	Step R Side (1) Cross L Over R (2)
3-4	Step R Side (3) Kick L To L (4)
5-6	Step L Side (5) Cross R Over L (6)
7-8	Step L Side (7) Kick R To R (8)

[17-24] BACK ROCK RECOVER, x2 1/8 PADDLE TURNS (Rolling Hips) L, FWD ROCK RECOVER.

1-2	Rock Back On R (1) Recover Fwd On L (2)
3-4	Step Fwd On R (3) 1/8 Paddle Turn L, Step On L (4)
5-6	Step Fwd On R (5) 1/8 Paddle Turn L, Step On L (6) 9:00
7-8	Rock Fwd On R (7) Recover On L (8)

[25-32] x2 STEP BACK SIDE POINT, HIPS BUMP BACK & FWD R L R L.

1-2	Step Back On R (1) Point L To L (2)
3-4	Step Back On L (3) Point R To R (4)
5-6	Hip Bump Back R (5) Hip Bump Fwd L (6)
7-8	Hip Bump Back R (7) Hip Bump Fwd L (8)

Enjoy ☺

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