Ganja

Count: 84 **Wall:** 1 **Level:** Intermediate / Advanced
Choreographer: Adam Åstmar (SWE) - December 2024
Music: GANJA GUN - HEDEGAARD, Captain MacKay & Tm bax : (iTunes)

Intro: 36 counts from start of track, starting on first clear beat after the 4 counts of silence.

Sect – 1: Diagonal, Touch. Side. Behind, Side, 1/8 Step. 1/8 Botafogo. Cross. Side Sweep. Behind. ¼ Fwd. Fwd.

1 & 2	Step to R diagonal on RF (1). Touch LF next to RF (&). Step to L on LF (2).
3 & 4	Step RF behind LF (3). Step to L on LF (&). Turn 1/8 L step forward on RF (4). [10:30]
5 & 6 &	Step forward on LF (5). Turn 1/8 L rock to R on RF (&). Recover on LF (6). [9:00] Cross RF over LF (&).
7 – 8 & 1	Step to L on LF sweep RF from side to back (7). Step RF behind LF (8). Turn ¼ L step forward on LF (&). Step forward on RF (1). [6:00]

Sect – 2: Fwd. Mambo Fwd. Rock Back. Chase ½ Turn Step.

2 – 3 & 4	Step forward on LF (2). Rock forward on RF (3). Recover on LF (&). Step back on RF (4).
5 – 6	Rock back on LF (5). Recover on RF (6).
7 & 8	Step forward on LF (7). Turn ½ R placing weight on RF (&). Step forward on LF (8). [12:00]

Sect – 3: Rock Fwd. Rock Back. 3/8 Turn Side. Together. Walk Fwd R, L. Up, Up, Down, Down Lock Step Fwd.

1 – 2	Rock forward on RF pushing R hip forward (1). Recover on LF pushing L hip back (2).
3 – 4	Rock back on RF pushing R hip back (3). Recover on LF returning hips to center (4).
& 5 – 6	Turn 3/8 L step to R on RG (&). Close LF next to RF (5). Step forward on RF (6). [7:30]
7 & 8 & 1	Step forward on LF (7). Step forward on RF going up on ball of foot (&). Lock LF behind RF going up on ball of foot (8). Step forward on RF going back down (&). Step forward on LF (1).

Arms Counts 1 – 4:
R arm: Bend arm at elbow with palm facing body and in front of chest (like holding someone around the waist).
L arm: Bend arm at elbow with palm facing forward and pointing up (like giving someone a high five).

Hold this position throughout the 4 counts.

Counts & 5:
Throw R hand diagonally down to R (&).
Throw L hand diagonally down to L (5).

Sect – 4: Step ½ Turn. ½ Back. 3x Batucada. Back. 1/8 Side.

2 – 3	Step forward on RF (2). Turn ½ L placing weight on LF (3). [1:30]
4 & 5	Turn ½ L step back on RF (4). Step back on LF (&). Press forward on RF (5). [7:30]
& 6 & 7	Step back on RF (&). Press forward on LF (6). Step back on LF (&). Press forward on RF (7).
8 &	Step back on RF (8). Turn 1/8 L step to L on LF (&). [6:00]

Sect – 5: ¾ Samba Diamond R.

1 & 2	Cross RF over LF (1). Turn 1/8 R step back on LF (&). Step back on RF (2). [7:30]
3 & 4	Step back on LF (3). Turn ¼ R step forward on RF (&). Step forward on LF (4). [10:30]
5 & 6	Cross RF over LF (5). Turn ¼ R step back on LF (&). Step back on RF (6). [1:30]
7 & 8	Step back on LF (7). Turn 1/8 R step to R on RF (&). Cross LF over RF (8). [3:00]

Sect – 6: Basic Samba Right. Basic Samba Left. Cross Rock. Side Rock. Jazz Box ¼ Cross.

1 – 2 &	Step to R diagonal on RF sweep LF behind (1). Lock LF behind RF (2). Recover on RF (&).
3 – 4 &	Step to L diagonal on LF sweep RF behind (3). Lock RF behind LF (4). Recover on LF (&).

5 & 6 & Cross rock RF over LF (5). Recover on LF (&). Rock to R on RF (6). Recover on LF (&).
7 & 8 & Cross RF over LF (7). Turn ¼ R step back on LF (&). [6:00] Step to R on RF (8). Cross LF over RF (&).

Sect – 7: Side Hip Roll. Behind, Side, Cross. Side Hip Roll. Behind. ¼ Fwd. Fwd.

1 – 2 Step to R on RF slightly bend knees and roll hips (1). Finish rolling hips placing weight on LF (2).
3 & 4 Step RF behind LF (3). Step to L on LF (&). Cross RF over LF (4).
5 – 6 Step to L on LF slightly bend knees and roll hips (5). Finish rolling hips placing weight on RF (6).
7 & 8 Step LF behind RF (7). Turn ¼ R step forward on RF (&). Step forward on LF (8). [9:00]

Sect – 8: Mambo Step Sweep. Behind, Side, Cross. Samba Whisk. Side, Behind, ¼ Fwd.

1 & 2 Rock forward on RF (1). Recover on LF (&). Step back on RF sweep LF from front to back (2).
3 & 4 Step LF behind RF (3). Step to R on RF (&). Cross LF over RF (4).
5 a 6 Step to R on RF (5). Small rock back on LF (a). Recover on RF (6).
7 & 8 Step to L on LF (7). Step RF behind LF (&). Turn ¼ L step forward on LF (8). [6:00]

Sect – 9: 3x Chug ¼. ¼ Side Stomp. Sailor Step. Behind, ¼ Fwd. Touch.

1 – 2 Turn ¼ L pushing to R on RF (like a touch but stronger) (1). [3:00] Turn ¼ L pushing to R on RF (2). [12:00]
3 – 4 Turn ¼ L pushing to R on RF (3). Turn ¼ L stomping to R on RF (4). [6:00]
5 & 6 Step LF behind RF (5). Step slightly to R on RF (&). Step to L on LF (6).
7 & 8 Step RF behind LF (7). Turn ¼ L step forward on LF (&). [3:00] Touch RF next to LF and slap R thigh with both hands (8).

Sect – 10: 2x Hip Roll. Step Sweep. Weave Sweep. Behind, ¼ Fwd.

1 – 2 Touch RF forward and hip roll while keeping weight on LF and start to slowly drag hands from thigh up towards chest (1, 2).
3 – 4 Repeat the hip roll continuing to drag hands up towards chest, finnishing dragging hands on count 4 (3, 4).
5 – 6 & Step forward on RF sweep LF from back to front (5). Cross LF over RF (6). Step to R on RF (&).
7 – 8 & Step back on LF sweep RF from front to back (7). Step RF behind LF (8). Turn ¼ L step forward on LF (&). [12:00]

Sect – 11: Side, Slow Hip Roll. 2X Quick Hip Roll. Touch.

1 – 2 Step to R on RF pushing R hip to R and start rolling hips clockwise in a big circle (1). Finish rolling hips placing weight on LF (2).
3 – 4 & Roll hips clockwise (3). Roll hips clockwise placing weight on LF (4). Drag RF towards LF (&).

Have fun!