How I Live

Count: 108 **Wall:** 2 **Level:** Advanced
Choreographer: Mark Furnell (UK) & Chris Godden (UK) - August 2024
Music: How I Live - Nessa Lea

Intro: 24 Counts, Start at approx 9 secs

SEC 1 ⅛ Weave, Coaster Step, Step, ½ Pivot, Step, Full Spiral Turn, Step

1-2-3	Cross left over right, step right to right, turn ⅛ left step left back (10:30)
4-5-6	Step right back, step left beside right, step right forward
1-2-3	Step left forward, pivot ½ right transferring weight on to right over 2 counts (4:30)
4-5-6	Step left forward, spiral full turn right hooking right over left, step right forward (4:30)

SEC 2 ¼ Back Sweep, Back Rock, Hold, ⅛ Twinkle, Twinkle

1-2-3	Turn ¼ right step left back sweeping right from front to back over 3 counts (7:30)
4-5-6	Rock right back, hold over 2 counts
1-2-3	Step left forward, turn ⅛ left step right to right, step left to left (6:00)
4-5-6	Cross right over left, step left to left, step right to right

SEC 3 Weave, ¼ Step ¼ Hitch, ⅛ Press, Hold, Coaster Step

1-2-3	Cross left over right, step right to right, step left behind right
4-5-6	Turn ¼ right step right forward turn ¼ right hitch left knee over 3 counts (12:00)
1-2-3	Turn ⅛ right press left forward, hold over 2 counts (1:30)
4-5-6	Step right back, step left beside right, step right forward

SEC 4 ⅛ Weave, ¼ Step Hitch, Rock, Recover, Point, Hold

1-2-3	Step left forward, turn ⅛ left step right to right, step left behind right (12:00)
4-5-6	Turn ¼ right step right forward hitching left knee over 3 counts (3:00)

Option Full turn right hitching left knee over 5-6

1-2-3	Rock left forward over 3 counts
4-5-6	Recover weight onto right, point left to left, hold

SEC 5 ⅝ Diamond, ⅛ Weave

1-2-3	Cross left over right, step right to right, turn ⅛ left step left back (1:30)
4-5-6	Step right back, turn ⅛ left step left to left, turn ⅛ left step right forward (10:30)
1-2-3	Step left forward, turn ⅛ left step right to right, turn ⅛ left step left back (7:30)
4-5-6	Step right back, turn ⅛ left step left to left, cross right over left (6:00)

SEC 6 Side Balance, Side Balance, Sway, Sway

1-2-3	Step left to left, rock right back, recover weight onto left
4-5-6	Step right to right, rock left back, recover weight onto right
1-2-3	Step left to left swaying body left over 3 counts
4-5-6	Sway body right over 3 counts

Restart Here on Wall 2 and 4

SEC 7 ⅝ Diamond, ⅛ Weave

1-2-3	Cross left over right, step right to right, turn ⅛ left step left back (4:30)
4-5-6	Step right back, turn ⅛ left step left to left, turn ⅛ left step right forward (1:30)
1-2-3	Step left forward, turn ⅛ left step right to right, turn ⅛ left step left back (10:30)
4-5-6	Step right back, turn ⅛ left step left to left, cross right over left (9:00)

SEC 8 Side Balance, Side Balance, Sway, Sway

1-2-3	Step left to left, rock right back, recover weight onto left

4-5-6 Step right to right, rock left back, recover weight onto right
1-2-3 Step left to left swaying body left over 3 counts
4-5-6 Sway body right over 3 counts

SEC 9 ¼ Step, Hold, Step, Hold, Together, Hold, Out, Out, Together
1-2-3 Turn ¼ left step left forward, hold over 2 counts (6:00)
4-5-6 Step right forward, hold over 2 counts
1-2-3 Step left beside right, hold over 2 counts
Styling Collapse body
4-5-6 Hold over 3 counts
1-2-3 Hold over 3 counts
Styling Over last 6 counts, recover to standing slowly expanding body
Note On Wall 5, Omit the 6 count hold continuing with last 3 counts
4-5-6 Step right to right, step left to left, step right beside left

Ending After 72 counts of Wall 6
Step, Hold, Step, Hold, Together
1-2-3 Step left forward, hold over 2 counts
4-5-6 Step right forward, hold over 2 counts
1-2-3 Step left beside right
Styling Collapse body

Last Update: 13 Aug 2024
