Betts Life

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Dustin Betts (USA) - February 2024
Music: Best Life - KOYOTIE

Intro – 32 counts from beginning of song

[1 - 8] R BALL, L HEEL GRIND, R SIDE, L BEHIND-SIDE-CROSS, R SIDE ROCK, L RECOVER, R BEHIND-SIDE ¼.

& 1 2	Step in place ball of R (&), Dig L heel across R traveling slightly right (1), Step R to right side (2), 12.00
3 & 4	Cross L behind R (3), Step R to right side (&), Cross L over R (4), 12.00
5 6	Rock R to right side (5), Recover onto L (6), 12.00
7 & 8	Cross R behind L (7), Step L to left side (&), Make ¼ turn left stepping R fwd (8). 9.00

[9 - 16] KICKS (L-R), L VAUDEVILLE, R BALL CROSS, HOLD, R BALL CROSS (x2).

1 & 2 &	Kick L fwd (1) Step L in place (&), Kick R fwd (2), Step R in place (&), 9.00
3 & 4	Cross L over R (3), Step R slightly to R (&), Tap L heel to left side toes pointed up (4), 9.00
& 5 6	Step in place ball of L (&), Cross R over L (5), Hold (6), 9.00
& 7 & 8	Step in place ball of L (&), Cross R over L (7), Step in place ball of L (&), Cross R over L (8). 9.00

[17 - 24] 1/8 L HITCH, L CROSS, R BACK, L BACK SHUFFLE, ½, ½, R COASTER.

& 1 2	Hitch L knee to left diagonal angling body toward 7.30 (&), Cross L over R (1), Step R back (2), 7.30
3 & 4	Step L back (3), Step R next to L (&), Step L back (4), 7.30
5 6	Make ½ turn right stepping R fwd (1.30)(5), Make ½ turn right stepping L back (6), 7.30
7 & 8	Step R back (7), Step L next to R (&), Step R fwd (8). 7.30

[25 - 32] L CROSS, R SIDE ROCK, L RECOVER, R CROSS, L SIDE ROCK, R RECOVER, L CROSS, 1/8, ¼ L SAILOR.

1 2 &	Cross L over R (1), Rock R to right side (2), Recover onto L (&), 7.30
3 & 4	Cross R over L (3), Rock L to left side (&), Recover onto R (4), 7.30
5 6	Cross L over R (5), Step R to right side, squaring up 6.00 (6), 6.00
7 & 8	Make 1/8 turn left crossing slightly L behind R (7), Make 1/8 turn left stepping R next to L (&), Step L fwd (8). 3.00

Tag: Happens after wall 2 facing 6.00
[1-8] R BALL, L HEEL GRIND, R SIDE, L BEHIND, R TOUCH, R HEEL GRIND, L SIDE, R BEHIND, L TOUCH.

& 1 2	Step in place ball of R (&), Dig L heel across R traveling slightly right (1), Step R to right side (2), 6.00
& 3 4	Cross L behind R (&) Point R toe to back right diagonal (3), Hold (4) 6.00
5 6	Dig R heel across L traveling slightly left (5), Step L to left side (6) 6.00
& 7 8	Cross R behind L (&), Point L toe to back left diagonal (7), Hold (8). 6.00

Note: You are already on R foot at end of tag. Just start dance with L heel grind on count 1.

Restart: Happens on wall 8 facing 9.00. Dance first 8 counts up to ¼ left stepping R fwd. Remove R ball step and go straight into L heel grind.

Enjoy!