Lost In The Music

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Tim Johnson (UK) - September 2023
Music: Lost In The Music - Johnny Manuel

Count In: Dance begins after 8 counts (music fades in)
Notes: Tag happens on wall 3 and wall 9.
Dance runs 12 – 6, then 3 – 9, tag moves the dance between them.

[1-8] Walk R, Walk L, Shuffle R, Step L ½ turn right, ½ L shuffle back

1 -2	Walk forward R (1) Walk forward L (2)
3&4	Step R forward (3) step L behind R (&) step R forward (4)
5 – 6	Step L forward (5) making a ½ turn right take weight onto R (6)
7&8	Making a ½ turn step back on L (7) Step R in front of L (&) step back on L (8)

***end facing 12 o'clock**

[9-16] Walk back R, L, coaster step, walk L, ¼ , ½ sailor cross.

1-2	Step back on R (1) step back on L (2)
3&4	Step back on R (3) step L next to R (&) step forward R (4)
5-6	Step forward on L (5) making a ¼ turn left, step R to right side (6)
7&8	Making a ½ over left, step L behind R (7) recover weight R (&) cross L over R (8)

***end facing 3 o'clock**

[17-24] side R, L behind, R chasse, cross L, ¼ , triple ½

1-2	Step R to right side (1) traveling to the right, step L behind R (2)
3&4	Travelling to the right, step R to right side (3) step L next to R (&) step R to right side (4)
5-6	Travelling to the right, cross L over R, prepping your body slightly to the right, ready to turn over your left (5) making a ¼ turn to the left, step back on R (6)
7&8	Making a ¼ turn left, step L to left side (7) making an 1/8 turn left, step forward on R (&) making an 1/8 turn left, step forward on L (8)

***end facing 6 o'clock**

[25-32] R rock, recover L, shuffle back R, ¼ L , ¼ , ½ sailor heel L.

1-2	Rock R foot forward (1) recover weight back on L (2)
3&4	Step back on R (3) Step L in front R (&) step back on R (4)
5-6	making a ¼ turn left, step L to left side (5) making a ¼ turn left step forward on R (6)
7&8	making a ½ turn left, step L behind R (7) recover weight R (&) touch L heel forward (8)

***end facing 6 o'clock**
**** Step L next to R on & count, ready to start the dance again walking R on count 1.**

TAG (20 counts) first 12 counts are identical to the dance.
[1-8] Walk R, Walk L, Shuffle R, Step L ½ turn right, ½ L shuffle back

1 -2	Walk forward R (1) Walk forward L (2)
3&4	Step R forward (3) step L behind R (&) step R forward (4)
5 – 6	Step L forward (5) making a ½ turn right take weight onto R (6)
7&8	Making a ½ turn step back on L (7) Step R in front of L (&) step back on L (8)

***end facing 12 o'clock**

[9-16] Walk back R, L, coaster step, L step touch, R step touch, L shuffle.

1-2	Step back on R (1) step back on L (2)
3&4	Step back on R (3) step L next to R (&) step forward R (4)
5&6&	Step L to left diagonal (5) touch R next to L (&) step R to right diagonal (6) touch L next to R (&)

7&8 Step L forward (7) step R behind L (&) step L forward (8)
***end facing 12 o'clock**

[17 – 20] Step R, ½ L, ¼ drag step.
1-2 Step R forward (1) making ½ turn left, take weight onto L (2)
3-4 Making ¼ turn left, take a big step R to right side dragging L up (3) step L next to R (4)
***end facing 3 o'clock**

End of dance, Smile and enjoy ☐
