Alabama Chasin'

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Debbie Rushton (UK) - March 2023
Music: Ala-Damn-Bama - Martin McDaniel

Count In: After 24 counts on lyrics

SIDE BEHIND & HEEL & CROSS, SIDE BEHIND & HEEL & CROSS

1 2	Step R to R side, Cross L behind R
&3&4	Step R to R side, Touch L heel to L diagonal, Step L beside R, Cross R over L
5 6	Step L to L side, Cross R behind L
&7&8	Step L to L side, Touch R heel to R diagonal, Step R beside L, Cross L over R

DIAGONAL SHUFFLE RIGHT, DIAGONAL SHUFFLE LEFT, JAZZ BOX CROSS

1&2	Shuffle forward to R diagonal stepping R L R
3&4	Shuffle forward to L diagonal stepping L R L
5 6	Cross R over L, Step back on L
7 8	Step R to R side, Cross L over R

WALK WALK SHUFFLE x2 MAKING FULL CIRCLE CLOCKWISE OVER R SHOULDER

1 2	Make 1/8 turn R stepping R forward, Make 1/8 turn R stepping L forward
3&4	Make 1/8 turn R stepping R forward, Step L next to R, Make 1/8 turn R stepping forward R
5 6	Make 1/8 turn R stepping L forward, Make 1/8 turn R stepping R forward
7&8	Make 1/8 turn R stepping L forward, Step R next to L, Make 1/8 turn R stepping forward L

ROCK RECOVER COASTER STEP, STEP PIVOT ¼ TURN, R HEEL SWIVEL x2

1 2	Rock forward on R, Recover back onto L
3&4	Step back on R, Step L beside R, Step R forward
5 6	Step forward on L, Pivot ¼ turn R keeping weight on L
&7&8	Swivel R heel out, Swivel R heel in, Swivel R heel out, Swivel R heel in

TAG 1 (at the end of wall 4 facing 12 o clock) - STOMP STOMP, CLAPx4

1 2	Stomp R foot, Stomp L foot
3&4&	Clap 4 times

TAG 2 (at the end of wall 8 facing 12 o clock) - ROCKING CHAIR, STOMP STOMP, CLAP x4

1 2	Rock forward on R, Recover back on L
3 4	Rock back on R, Recover forward on L
5 6	Stomp R foot, Stomp L foot
7&8&	Clap 4 times

ENJOY!!☐

Contact: debmcwotzit@gmail.com