Hand on Heart

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Guillaume Richard (FR) & Debbie Rushton (UK) - February 2023
Music: Whistle - Jax Jones & Calum Scott

Count In: After 16 counts (on lyrics)

DOROTHY STEP, CROSS ROCK RECOVER, FULL TURN L, SIDE TOUCH BEHIND

1 2&	Step R to R diagonal, Lock L behind R, Step R to R diagonal
3 4	Cross rock L over R, Recover back onto R
5 6	Make ¼ turn L stepping L forward, Make ½ turn L stepping R back
7 8	Make ¼ turn L stepping L to L side, Touch R behind L (look over L shoulder)

OUT OUT, FULL TURN R, SIDE HOLD & SIDE FLICK

1 2	Step R out to R side (pushing R hip out), step L out to L side (pushing L hip out)
3 4	Make ¼ turn R stepping R forward, Make ½ turn R stepping L back
5 6	Make ¼ turn R taking big step to R side, Hold count 6
&7 8	Step L beside R, Step R to R side, Step L beside R and flick R foot up to R side

CROSS, SIDE, BACK TOUCH, L SHUFFLE SWEEP, CROSS ¼ TURN SIDE

1 2	Cross R over L, Step L to L side
&3	Rock R behind L (angle body to R diagonal – 1 oclock), Touch L toe in place
4&5	L shuffle forward to diagonal (1oclock), sweeping the R around on count 5
6 7 8	Cross R over L squaring up to 3oclock wall, Make ¼ turn R stepping L back, Step R to R side

STEP ¼ TURN, WALK BACK x2, BACK ROCK RECOVER, STEP ½ TURN

1 2	Step L forward (Push R hand forward, palm facing forward), Keeping feet in place, pivot ¼ turn R keeping weight on L (arm stays up)
3 4	Walk back R (place R hand on your heart), Walk back L (place L hand on top of R hand)
5 6	Rock back on R (bring both arms down), Recover forward onto L
7 8	Step R forward, Pivot ½ turn L taking weight on L

NO TAGS, NO RESTARTS, ENJOY!! ☐

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