Don't Stop Your Feet

Count: 64 **Wall:** 2 **Level:** Improver
Choreographer: Sophie Stevens (UK) - January 2023
Music: Don't Stop Dancing - Olly Murs

Music available on iTunes, Spotify and Amazon

#16 Count Intro (4 strong beats in intro per 4 counts then start)

S1: R Shuffle Forward, L Shuffle Forward, R Shuffle Forward, L Shuffle Forward

1 & 2	Step Right Forward to Right Diagonal, Close Left Next to Right, Step Forward on Right
3 & 4	Step Left Forward to Left Diagonal, Close Right Next to Left, Step Forward on Left
5 & 6	Step Right Forward to Right Diagonal, Close Left Next to Right, Step Forward on Right
7 & 8	Step Left Forward to Left Diagonal, Close Right Next to Left, Step Forward on Left

Arms - On All Shuffles on the back walls (wall 2, 4 & 6 – the chorus of the song) shoot the fingers like Saturday night fever to the direction the feet are travelling to.

S2: V Step, R Side Rock. L Recover, R Side Rock, L Recover with R Hitch

1 2	Step Right Forward to Right Diagonal, Step Left Forward to Left Diagonal
3 4	Step Right Back to Centre, Step Left Next to Right
5-6	Step Right to Right Side (Swing Hips to Right), Recover on Left (Swing Hips to Left)
7-8	Rock to Right Side (Swing Hips to Right), Recover on Left (Swing Hips to Left) Hitch Right

Arms - On the Side Rocks, Swing Arms (from the Elbows to Fists) from Right to Left, Right to Left.

S3: R Chasse, L Rock Back, R Recover, L Rolling Vine

1 & 2	Step Right to Right Side, Step Left Next to Right, Step Right to Right Side
3-4	Step Left Behind Right, Recover on Right
5 -6	¼ Left Stepping Forward on Left, ½ Left Stepping Back on Right (3:00)
7-8	¼ Left Stepping Left to Left Side, Touch Right Next to Left (12:00)

Option - Grapevine to Left instead of Full Turn

S4: R Walk Forward, L Walk Forward, Anchor Step, L Walk Back, R Walk Back, L Coaster Step

1-2	Step Forward on Right, Step Forward on Left
3 & 4	Lock Right Behind Left, Step Weight on Left, Step Slightly Back on Right
5-6	Step Back on Left (Pop Right Knee), Step Back on Right (Pop Left Knee)
7 & 8	Step Back on Left, Step Right Next to Left, Step Forward on Left

S5: Toe/Heel Struts Forward x4

1-2	Touch Right Toe Forward, Lower Right Heel to Floor
3-4	Touch Left Toe Forward, Lower Left Heel to Floor
5-6	Touch Right Toe Forward, Lower Right Heel to Floor
7-8	Touch Left Toe Forward, Lower Left Heel to Floor

Option - Add hip bumps on the toe/heel struts or shimmy or both hip bumps & shimmy

S6: Monterey ¼ Turn, Monterey ¼ Turn, L Flcik

1-2	Point Right to Right Side, Turn ¼ Right Stepping Right Beside Left (3:00)
3-4	Point Left to Left Side, Step Left Next to Right
5-6	Point Right to Right Side, Turn ¼ Right Stepping Right Beside Left (6:00)
7-8	Point Left toe to Left side, Flcik Left Behind Right

S7: L Chasse, R Rock Back, L Recvoer, R Vine ¼ Turn R, L Brush

1 & 2	Step Left to Left Side, Step Right Next to Left, Step Left to Left Side
3-4	Step Right Behind Left, Recover on Left
5-6	Step Right to Right Side, Step Left Behind Right

7-8	Step Right ¼ Right, Brush Left Next to Right (9:00)

S8: L Rocking Chair, ¼ Turn Jazz Box with R Touch

1-2	Rock forward on Left, Recover on Right
3-4	Rock back on Left, Recover on Right
5-6	Cross Left over Right, Step Right Back ¼ Turn Left (6:00)
7-8	Step Left to Left Side, Touch Right Next to Left

No Tags, No Restarts.

Ending: Dance all of Wall 6 which finishes at the front wall (12:00), after the ¼ Turn Jazz Box with Touch, Step Right to Right Side with optional disco fever arms (Left Hand on Hip, Right Arm up to Right Diagonal, Pointing Index Finger).
