Catch

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Grace David (KOR) & Jo Thompson Szymanski (USA) - February 2020
Music: Catch - Brett Young

(Intro: 12 heavy beats – start on the word feel) (no restarts or tags)

[1-8] CROSS/SWEEP, CROSS, SIDE, BACK/SWEEP, BEHIND, 3/8 TURN L, DIAGONAL STEP TOUCHES, 1/8 TURN L SCISSOR

1-2&	1) Cross R over L sweeping L forward; 2) Cross L over R; &) Step R to right
3-4&	3) Step L behind R sweeping R back; 4) Step R behind L; &) Turn 3/8 left stepping L forward 7:30
5&	5) Angle body slightly left stepping R to right/diagonally fwd; &) Square up to 7:30 touching L beside R
6&	6) Angle body slightly right stepping L to left/diagonally fwd; &) Square up to 7:30 touching R beside L

Styling on step touches: Keep knees slightly bent allowing hips and body to sway as you step side to side

7&8	7) Turn 1/8 left stepping R to right; &) Step L beside R; 8) Cross R over L 6:00

[&9-16&] 1/4 TURN R, 3/8 TURN R, DIAGONAL MAMBO, 1/4 TURN R, POINT L SIDE, 3/8 TURN L/SWEEP, CROSS, SIDE, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

&1	(&) Turn 1/4 right stepping L back; 1) Turn 3/8 right stepping R forward 1:30
2&3	2) Rock L forward; &) Recover to R; 3) Step L back

Optional arms on mambo: Reach both hands forward then pull into chest

&4	(&) Turn 1/4 right stepping R to right; 4) Point L to left 4:30

Optional arms on the point: Pull R elbow back with L arm to left (like a bow and arrow with fingers extended)

5	5) Turn 3/8 left stepping L forward as you sweep R forward 12:00
6&7&	6) Cross R over L; &) Step L to left; 7) Cross rock R over L; &) Recover to L
8&	8) Rock R to right; &) Recover to L

[17-24&] BACK/SWEEP, BEHIND, 1/4 TURN R, FORWARD/PREP, FULL TURN L/PREP, 1/4 TURN R/KNEE LIFT, CROSS, 1/4 TURN L, 1/2 TURN L

1	1) Step R behind L sweeping L back
2&3	2) Step L behind R; &) Turn 1/4 right stepping R forward; 3) Step L forward w/ prep for turn 3:00
4&5	4) Turn 1/2 left stepping R back; &) Turn 1/2 left stepping L forward; 5) Step R forward w/ prep for turn

Non-turning option: Omit the full turn on 4&5 by doing a forward locking triple (R,L,R)

6-7	6) Turn 1/4 right lifting L knee with foot close to R leg; 7) Cross L over R 6:00
8&	8) Turn 1/4 left stepping R back; &) Turn 1/2 left stepping L forward 9:00

[25-32] 1/4 TURN L into NC BASIC R, NC BASIC L with 1/4 TURN R, SLOW PIVOT 1/2 L, FULL TURN R

1	1) Turn 1/4 left taking large step R to right 6:00

Non-turning option for counts 24&25: Step R to right, Cross L over R, Large step R to right

2&	2) Step L beside R heel; &) Cross R over L
3-4&	3) Large step L to left; 4) Starting to turn 1/4 right, step R beside L heel; &) Completing 1/4 turn right, step L forward 9:00
5-7	5) Step R forward; 6-7) Slowly turn 1/2 left over 2 counts shifting weight to L bending knees slightly 3:00
8&	8) Turn 1/3 right stepping R forward; &) Turn 1/3 right stepping ball of L forward then turn another 1/3 right as you step R across L to start the dance again on count 1 facing 3:00 (Counts 8&1 should be a smooth circular turn)

Non-turning option: Omit the full turn on 8&1 by doing a coaster cross (R,L,R) to start the dance again.

BEGIN AGAIN.

Ending: At the end of the song, you would be starting the 8th repetition facing 9:00. As you do the cross/sweep on count 1, turn 1/4 right to face 12:00, cross L over R and hold as arms lift up the sides for a pose and smile!

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